Wednesday's Jackpot
$10,000,000
estimated
LOTTO 649

LOVE THY NEIGHBOUR
JESSICA NAPIER TALKS CO-EXISTENCE {page 10}

SADDLE UP
PACKERS, STEELERS IN LONE STAR STATE
SUPER BOWL {page 34}

TORONTO metro®
Tuesday, February 1, 2011
www.metronews.ca
News worth sharing.

Snow way — storm might just be the start

Environment Canada says southern Ontario will be buried in up to 30 centimetres of snow, the biggest snowfall it has seen all of this winter and last ◗ Senior climatologist Dave Phillips says it's just the beginning of winter

Environment Canada warns a snowstorm is expected to begin tonight and continue into tomorrow afternoon, with areas closer to the lower Great Lakes receiving the most snow.

Schools in the Greater Toronto Area may see the first snow day of the season tomorrow, which is Groundhog Day, as 20 to 30 centimetres are expected to fall from Huron-Perth to the GTA to Kingston.

Ontario will experience only snowfall, thanks to below-seasonal temperatures. But strong gusts of wind will cause the snow to blow and drift and will lower visibility on the roads.

Northern Ontario has already seen its fair share of snow this winter, and areas north of Muskoka will not experience any serious snowfall as a result of this weather system.

Temperatures will remain frigid for the rest of the week, with some sunshine anticipated Thursday and Friday, and the possibility of a few flurries over the weekend.

"Don't write the obituary on winter quite yet," said Dave Phillips, Environment Canada's senior climatologist, noting that February will be colder and wetter than usual.

December and January have been, on average, almost one degree colder than usual for the Toronto area, Phillips said. But this may only be the beginning of winter for the GTA, as more weather systems are expected. THE CANADIAN PRESS

Collapsing. A regime

▶ An Egyptian boy holds a megaphone while chanting anti-government slogans in Tahrir Square yesterday in central Cairo, Egypt. More coverage, page 4.

CHRIS HONDROS/GETTY IMAGES

Egypt's military promises not to use force

Protests continued into the seventh day as thousands of people marched to demand the resignation of Egyptian President Hosni Mubarak, after 30 years of ruling the country. There is expected to be a "protest of the millions" march today.

Market

MLSE pens deal with Live Nation

◗ Leafs owner to manage Toronto ticket sales for California events company {page 8}

Education glass half empty?

Shake up your career with an MBA {pages 30-33}

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News in brief

Deals to be had via Facebook

WEB. Facebook is hoping to boost its advertising revenue with a new feature, Facebook Deals, which launched yesterday in Canada.

Retailers including Chapters Indigo and H&M have partnered with Facebook for the feature's beta launch.

When users are at a store offering a deal they can use a touchscreen phone to "check in" through an app or Facebook's website, and then show a cashier an onscreen coupon to get the discount.

Mom likely to get new trial

DEATH. A mother who spent more than a decade behind bars for killing her two-year-old son will likely be granted a new trial given the role disgraced pathologist Dr. Charles Smith played in her conviction 15 years ago.

Court documents released yesterday show both Crown and defence are urging Ontario's top court to order a second hearing for Tammy Marquardt.

Could Kuwaitis jump queue?

HEALTH. Toronto's University Health Network insisted yesterday it is not giving preferential treatment to patients from Kuwait after the hospital signed a $75-million deal with the Persian Gulf state.

Ontario's NDP said Kuwaitis may be able to jump the queue to get publicly funded health care in some provincial hospitals.

THE CANADIAN PRESS

Lotto Max. Limbo

▶ Winners of a $50-million lottery who work together at Bombardier Aerospace leave the CAW local 112 chapter office as they head to the Ontario Lottery and Gaming Corp. office in downtown Toronto to claim their prize.

TANNIS TOOHEY/TORSTAR NEWS SERVICE

$50M lotto win on hold

The OLG says there will be a delay in paying out the latest Lotto Max jackpot since additional claimants have come forward. Spokeswoman Sarah Kiriliuk said yesterday that a group of about two dozen had arrived at the prize centre to claim the winnings. The corporation says it is conducting a vigorous review process and investigation. No prize money will be paid until the process is completed. THE CANADIAN PRESS

TTC scales back bus route cuts

- Cutting initially targeted 48 routes was supposed to save TTC $7M
- Less-dramatic cuts will probably reduce savings to about $4M

The TTC has saved seven of 48 routes that were to have their weekend and evening hours cut due to low ridership.

On 19 more, part of the proposed reduction in service has been restored, including the 98 Willowdale-Senlac bus, which serves the Rotary Cheshire Home and the Canadian Helen Keller Centre, the only such facilities in Canada for people who are both deaf and blind.

That bus will continue to run weekdays until 1 a.m. and weekends until 10 p.m.

E-alert

- The TTC has updated its e-alert service, allowing customers to select — or filter — specific subway lines or surface routes in their profile and receive system delay notices for those routes only.
- For more information, go to metronews.ca/local.

In all, 67 of 212 threatened boarding periods will be saved and only about half of the original service cuts will go ahead.

"We heard a lot of compassionate feedback from the public that caused us to go back and look at our policy to see if it was achieving the goals that we were trying to achieve around ridership and serving communities," explained TTC chair Karen Stintz.

"What we did is we came up with a new (set of) policy criteria that made more sense, that will allow us to still realize some savings and will allow us to reinvest in other areas of the system, but will also see some of the original routes remain unchanged."

One change was to lower the criteria for retaining service: Instead of a bottom line of 15 people boarding per hour, it's now 10 people per hour — if the nearest alternate is more than 600 metres away.

TTC officials found the previous standard didn't allow for fluctuations in ridership, said Stintz.

The money saved from the original cuts was supposed to be reallocated to overcrowded routes this fall.

TORSTAR NEWS SERVICE

1 news

Restive electorate and gaffes leave GOP presidential field wide open. Scan code for story.

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3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

While "easy money" is gone, Allan Small says it's not too late to get into the stock market. More at metronews.ca/investing

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VICTORIA HAZOU/THE ASSOCIATED PRESS

▶ Canadian tourists wait for a flight out of Cairo's international airport yesterday.

Tories defend air-rescue effort in Egypt

Foreign affairs says Frankfurt-bound Air Canada charter carrying 174 Canadians left Cairo last night

As the first planeload of Canadians left Egypt yesterday, the Harper government expressed hope that the troubled Mideast country will "transition" toward greater democratic freedom.

The sentiments from Stephen Harper brought Canada into line with its major allies in the U.S. and Europe. But the prime minister fell short of calling for the ouster of Egyptian President Hosni Mubarak, who is facing mass street protests.

Later in the Commons, Foreign Affairs Minister Lawrence Cannon said Canada is speaking forcefully to the Egyptian government "so that the regime that is in place in Egypt responds and listens to what the population is saying, that they bring forward reforms, both from an economic perspective, as well as a democratic perspective."

Cannon dismissed reports that many Canadians desperate to leave Egypt were not getting information about the flights, although he acknowledged there were some "technical difficulties" due to the volatile situation. He said embassy officials and the operations centre in Ottawa were contacting people to give them information.

The department said more aircraft would be sent as part of an effort to get 500 people out of Cairo. The government was charging passengers $400 each for a seat on the charter flight, and was not paying for onward travel or accommodation.

THE CANADIAN PRESS

Protesters in Cairo hold the U.S. responsible for their plight, but see the Obama administration as vital to regime change. Scan the code for the story.

ANIMAL CRUELTY

Sled dogs' shooter wins case

About 100 sled dogs, some badly maimed and writhing in pain, were killed and dumped in a mass grave after bookings collapsed for a B.C. tour operator following the 2010 Winter Games.

The gruesome event is detailed in documents awarding compensation to a worker who claimed post-traumatic stress disorder after having to shoot the dogs.

"I know I've said in the past that I've seen horrific things involving animal cruelty, but reading this, this blew my mind," said Marcie Moriarty, general manager of cruelty investigations for the B.C. Society for the Prevention of Cruelty to Animals.

Moriarty's office has opened a cruelty investigation and the RCMP is also looking into the incident involving a Whistler-based company.

THE CANADIAN PRESS

Hotel blast probe leads to charges

Prosecutors in Mexico said yesterday they have filed charges against five contractors and employees at a Caribbean coast hotel where a Nov. 14 explosion killed five Canadian tourists and two Mexicans.

Rodolfo Garcia Pliego, the assistant attorney general of Quintana Roo state, said investigators found an unauthorized extension of a gas line under the hotel.

THE CANADIAN PRESS

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- Cambridge Centre

COBOURG
- Northumberland Mall

ETOBICOKE
- Cloverdale Mall
- Sherway Gardens
- Woodbine Centre

GEORGETOWN
- 330 Guelph St.

LINDSAY
- 229 Kent St.
- Whitney Town Centre

MAPLE
- 2810 Major Mackenzie Dr.

MARKHAM
- 7357 Woodbine Ave.
- Market Village
- Markville Shopping Centre
- Pacific Mall

MILTON
- 377 Main St. E.

MISSISSAUGA
- 6965 Davand Dr.
- 980 Eglinton Ave. E.
- Dixie Value Mall
- Erin Mills Town Centre
- Heartland Power Centre
- Sheridan Centre
- Square One Shopping Centre
- Square One Shopping Centre (kiosk)
- Westgate SmartCentres

NEWMARKET
- Upper Canada Mall

NORTH YORK
- 1635 Lawrence Ave. W.
- 170 Rimrock Rd.
- Bayview Village
- Centerpoint Mall
- Crossroads Plaza
- Empress Walk
- Lawrence Square
- North York Sheridan Mall
- Sheppard Centre
- Yorkgate Mall

OAKVILLE
- Hampshire Gate at Dundas
- Oakville Place

ORANGEVILLE
- 114 Broadway Ave.

OSHAWA
- Five Points Mall
- Oshawa Centre

PICKERING
- Pickering Town Centre

RICHMOND HILL
- Hillcrest Mall
- Richmond Heights Plaza
- Time Square Shopping Centre

SCARBOROUGH
- 259 Morningside Ave.
- Bridlewood Mall (kiosk)
- Cedarbrae Mall (kiosk)
- Malvern Town Centre
- Parkway Mall
- Scarborough Town Centre

SUDBURY
- Brady Square
- New Sudbury Centre
- Southridge Mall

THORNHILL
- Promenade Mall

TORONTO
- 2256 Bloor St. W.
- 209 Danforth Ave.
- 700 Gordon Baker Rd.
- 2171 Queen St. E.
- 2081 Steeles Ave. W.
- 2323 Yonge St.
- Chinatown Centre
- College Park
- Dufferin Mall
- East York Town Centre
- Eaton Centre
- Eaton Centre II
- Eglinton Square
- Exchange Tower
- Gerrard Square
- Holt Renfrew Centre
- Royal Bank Plaza
- Scotia Plaza
- Shoppers World Danforth
- Shops at Don Mills
- Toronto Life Square
- Yorkdale Shopping Centre (kiosk)

UXBRIDGE
- 307 Toronto St. S.

VAUGHAN
- Vaughan Mills
- Vaughan Mills (kiosk)

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Parliament is back, sparking election talk

Tories focus on March budget Liberals, Bloc looking for concessions NDP not making demands

The Harper government says it won't do anything to force an election this spring.

But it's unclear if the Conservatives will bend to any opposition demands to avoid a return to the polls.

Harper's spokesman says the government is determined to keep Parliament working so it can focus on the economic recovery and other priorities.

Dimitri Soudas said Harper is willing to chat with the opposition leaders about what should be in the federal budget, but he said the idea of repealing corporate tax cuts is simply not on.

ADRIAN WYLD/THE CANADIAN PRESS

▶ Stephen Harper

MPs returned to Ottawa yesterday after an extended Christmas break.

Election speculation has gone into overdrive on Parliament Hill in recent days.

The Liberals have said they can't support the March budget unless the Tories reverse corporate tax cuts.

And the Bloc is demanding $5 billion in various concessions to Quebec, including increased transfer payments and compensation for the province's harmonized sales tax.

The NDP has taken a more conciliatory position, saying it's not making any demands but wants to see action on several fronts, including more money for poor seniors.

THE CANADIAN PRESS

Royal. Rumour

▶ Prince William and Kate Middleton pose in the Cornwall Room in St. James's Palace in November in London, England.

MARIO TESTINO/CLARENCE HOUSE PRESS OFFICE VIA GETTY IMAGES

Will and Kate to tour Canada?

A British tabloid is reporting that Prince William and Kate Middleton will visit Canada this summer. The Sun reports that the future heir to the British throne and his bride will arrive in July, three months after their scheduled April 29 wedding. The couple will start their two-week visit on the country's East Coast and end it in British Columbia, the Sun said, quoting unnamed sources.

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- The Canadian Partnership for Tomorrow Project is looking for 300,000 Canadians between the ages of 35 and 69 to participate in the largest Canadian study designed to help better understand cancer and other chronic diseases.
- Make a significant impact by signing up for the study at **partnership-fortomorrow.ca.**

Cancer Day wants you

World Cancer Day is Friday, and the Canadian Partnership Against Cancer wants 30 minutes of your time to support Canadian cancer research.

A national survey to be released to mark World Cancer Day shows that the majority of Canadians feel cancer should be the top priority for health research and that most would be willing to participate to support research. However, the survey also shows that more than half do not know how to get involved.

The Canadian Partnership for Tomorrow Project is looking for Canadians to participate in a study, which takes approximately 30 minutes.

It's that simple — and yet the impact will be felt by future generations of Canadians. METRO

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DOLLAR MARKETS

Egypt unrest drives oil prices

The energy sector led the way to a strong advance on the Toronto stock market yesterday as massive unrest in Egypt raised worries about a disruption in oil supplies and pushed crude prices higher.

The Canadian dollar was up slightly against the American currency as risk aversion subsided somewhat and data showed the economy growing at a faster than expected pace in November. THE CANADIAN PRESS

Market moment

DOLLAR	Natural gas 1,000 cu ft	OIL	TSX
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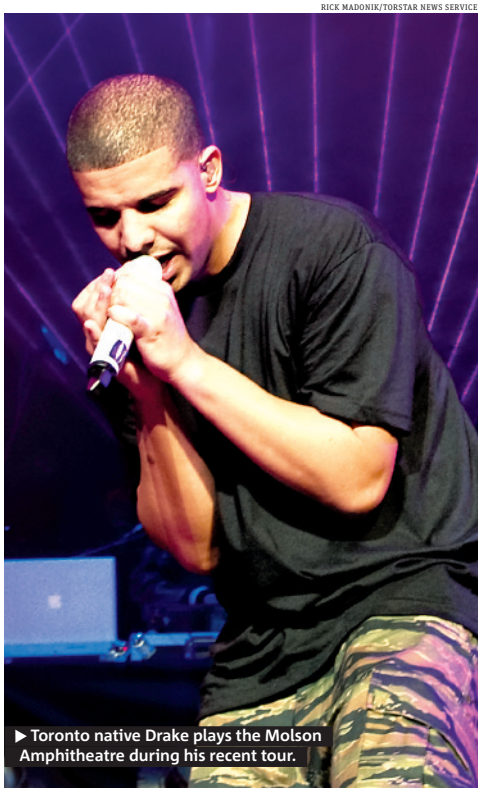
MLSE teaming up with Live Nation

RICK MADONIK/TORSTAR NEWS SERVICE



▶ Toronto native Drake plays the Molson Amphitheatre during his recent tour.

But Leafs owner can still mint deals with independent concert promoters

The Toronto Maple Leafs owner Maple Leaf Sports and Entertainment is teaming with Live Nation Entertainment Inc. in a deal that will see it manage sponsorships and ticket sales for the American concert promoter in Toronto.

MLSE said yesterday it will sell and handle event sponsorships for Live Nation as well as ticket sales for the Live Nation-owned Molson Canadian Amphitheatre.

Live Nation merged with event ticket seller Ticketmaster last year.

Financial details of the agreement were not disclosed, but Live Nation will help privately-owned MLSE if it chooses to proceed with preliminary plans to open a House of Blues club in downtown Toronto.

In a statement, Live Nation president and CEO Michael Rapino said Toronto is the third highest grossing event market in North America.

"Combining MLSE's strong venue expertise and marketing relationships with our entertainment content makes them an ideal partner for Live Nation."
MICHAEL RAPINO, LIVE NATION PRESIDENT AND CEO

Both Live Nation and MLSE will continue to be free to mint deals with independent concert or event promoters at their venues.

MLSE owns the Toronto Maple Leafs hockey team and Toronto Raptors basketball team as well as their home arena, the Air Canada Centre.

It also owns the city's Ricoh Coliseum, which is home to the Toronto Marlies, the American Hockey League farm team for the Maple Leafs.
THE CANADIAN PRESS

Feds to give $28B in stimulus

A government report on Canada's economic action plan says Ottawa is on track to deliver $28 billion in stimulus spending in its second year.

Finance Minister Jim Flaherty, announcing the report yesterday in Vaughan, said stimulus measures have helped keep Canada's economy strong.

The report on the action plan's implementation says more than 26,000 stimulus projects are underway or completed.

Flaherty also cited those projects as having contributed to a strong labour market, with almost 400,000 jobs created since July 2009.

The report also credits the stimulus measures with boosting Canada's gross domestic product by 1.3 percentage points per quarter since the second quarter of 2009. THE CANADIAN PRESS

NATHAN DENETTE/THE CANADIAN PRESS

▶ Jim Flaherty

Metro launches in Guatemala

Metro is proud to announce the launch of a new edition in Guatemala City, Guatemala, which is called Publinews.

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Sherway Gardens
Shops at Don Mills
Toronto Eaton Centre
Toronto Exchange Tower
Woodbine Centre
Yorkdale Mall
Yorkgate Mall
25 York St.
2187 Queen St. E (The Beach)
2365 Yonge St. (north of Eglinton)
2899 Steeles Ave. W
720 King St. W
455 Danforth Ave.
25 Davenport Rd.
727 Bloor St. W
1061 St. Clair Ave. W
29B St. Joseph St.
1500 Royal York Rd.
1750 The Queensway
980 Albion Rd.
2610 Weston Rd.
5050 Dufferin St.
1184 Kennedy Rd.

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Milton Crossroads Centre
420 Main St.

Brampton
Bramalea City Centre
55 Mountainash Rd. (Springdale Sq.)
2880 Queen St. E (Hwy. 7 & Airport Rd.)

Mississauga
Erin Mills Town Centre
Heartland Town Centre
Square One
Winston Churchill & 401
2458 Dundas St. W
2585 Skymark Ave.
3024 Hurontario St.
6200 Dixie Rd.
34 Bristol Rd. E
4920 Tomken Rd.

Oakville
Oakville Place
18 - 2501 Third Line
760 Pacific Rd.

NORTH

Markham
Markville Shopping Centre
Pacific Mall

Newmarket
Upper Canada Mall
1100 Gorham St.

Richmond Hill
Hillcrest Shopping Centre
11005 Yonge St.

Thornhill
Promenade Mall
7040 Yonge St. (Galleria)
7378 Yonge St.

Vaughan
Vaughan Mills
81 Zenway Blvd.
10019 Keele St.
160 Cidermill Ave.
4000 Hwy. 7

Woodbridge
4220 Steeles Ave. W

EAST

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LOVE THY NEIGHBOUR ... IF THEY'RE QUIET

She says ...

JESSICA NAPIER

I love living in the city. Unfortunately, so does everyone else.

With so many people desperate to live in the downtown, and only so much square footage to go around, the default option for most 20-something renters — who are at the midpoint between a grimy student house and a starter home they can't afford — is an apartment.

While units will vary in size and quality, most highrise residences are essentially the same: Shrunken appliances; paper-thin walls; and hundreds of inhabitants that will inevitably irritate one another to the point of relocation.

Living in such close proximity to one another makes it very easy to find cause for complaint. Loud animals, crying children, smokers, bedbug carriers, couples who have screaming matches into the wee hours of the night or, even worse, couples who enjoy loud bedroom gymnastics in the early hours of the morning.

In a building full of strange strangers, neighbourly love is almost non-existent. No one makes eye contact in the elevator and no one has ever knocked on my door for a cup of sugar. And do you know what, I have plenty of sugar people! The only thing my neighbours take from me is Wi-Fi access and my Saturday morning newspaper.

"In a building full of strange strangers, neighbourly love is almost non-existent."

Yes, that's right, every weekend a man down the hall steals my newspaper. I have no way to prove it's him but I know it to be true. He is the Newman to my Jerry.

In addition to the newspaper bandit there's a high-heeled party girl upstairs who runs laps around her living room, a drill-wielding handyman across the hall, and a tone deaf boy-next-door who plays bass guitar until 2 a.m.

Every address has a similar cast of charming characters who make communal living interesting — and not in a good way.

Of course, not all neighbours are rude. Maybe yours are great and you have dinner parties and play charades and lend each other baking supplies all of the time. But more often than not, the neighbours you remember are the inconsiderate individuals who steal your parking spot and toss cigarette butts on your balcony.

In the end, it doesn't really matter whether you love or loathe thy neighbour, because there's not a whole lot you can do about it. You don't have to share a love of late-night movie marathons but you do have to share a postal code. So, in the name of harmonious living, turn the volume down.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER

lol with Twitter feeds

Letters & Tweets

We asked: What is the funniest Twitter feed you follow?

@arams11: funniest tweets are from @charliemcdowell who tweets about the 2 girls that live above him. Hilarious!
@stickchick2010: Gotta be tweets from @biznasty2point0 (Paul Bissonnette — NHL player — Phoenix Coyotes) They truly make me LOL!
@brownwynmaye: I think these ones take the cake: @Lord_Voldemort7 @ceoSteveJobs @Queen_UK @alqaeda @TFLN.
@anderson7: follow @thesulk. the most consistent funnyman on twitter. he always seems to tweet when you need a laugh to survive the day.
@brightwhite: Not sure if you can print it, but my god @fireland is hilarious.
@quadsmom1: @smartphowned. Hilarious autocorrects!
@j)me33: follow comedian @walkinsauce for her honesty and @tfln because nothing good comes in a text after 12 a.m.
@dmen01: funniest by far is @davechappelle, @NotChrisRock close second, they get on their observational rants and hilarity ensues!
@mariyasphotos: Funniest Twitter feed I follow is @GetRichIdeas because the ideas are a nice balance between brilliant & totally crazy!

Funny followers

THE ASSOCIATED PRESS FILE

Who is today's most overrated band or singer?

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Metro has the right to edit letters and submissions.

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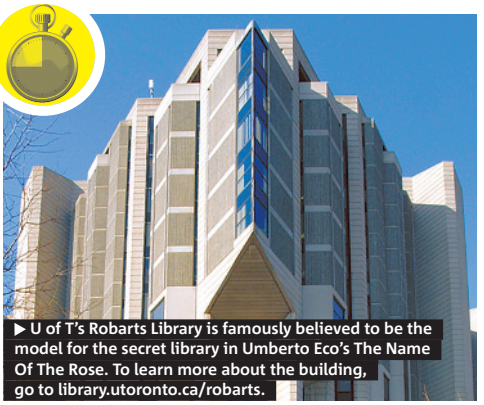
Metro Minute at Robarts Library

Its imposing, fortress-like exterior has always reminded us of the Starship Enterprise. But the only Vulcans you're likely to find inside U of T's Robarts Library are between the pages of an obscure study on post-colonialism in televised outer space culture. (We just made that up, but if it exists it's probably at Robarts).

Standing like a monolith at the corner of St. George and Sussex, the library houses close to five million books and serves as the intellectual beating heart of the university's downtown campus.

In 2008, the building underwent renovations to make more room for students, and they knocked down a few concrete walls to make more room for sunlight. JORDANA DIVON



▶ U of T's Robarts Library is famously believed to be the model for the secret library in Umberto Eco's The Name Of The Rose. To learn more about the building, go to library.utoronto.ca/robarts.

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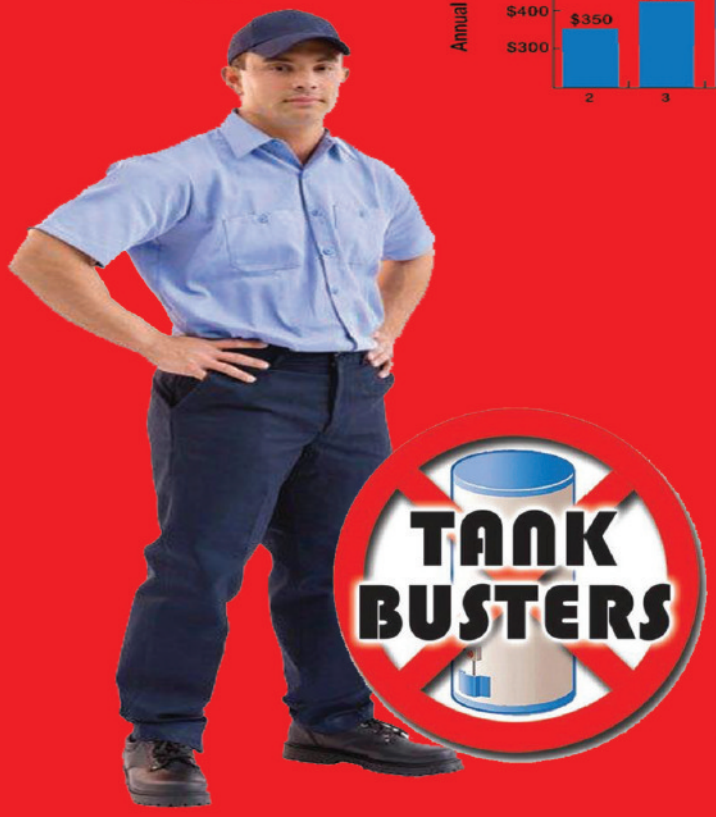

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Cult classics on the big screen

Metro, SPACE and Cineplex have teamed up to present the Great Digital Film Festival, starting this Friday and running through Feb. 10
We asked InnerSPACE host Teddy Wilson to give us the inside scoop on some of the films being screened

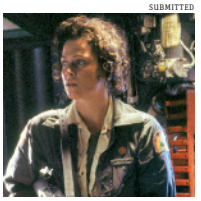
The details:

- **For more information** on the Great Digital Film Festival, visit: Cineplex.com/events
- **Catch InnerSPACE** every Monday through Thursday at 11 p.m. ET on SPACE

SUBMITTED

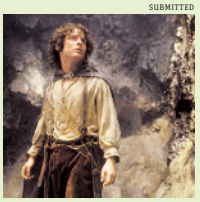
Back to the Future
Responsible for introducing "gigawatts" into the teenage lexicon, making DeLoreans cool and explaining the genesis of Chuck Berry's guitar sound, Back To The Future is easily the most fun time-travel film ever made. Interestingly, Eric Stoltz was originally cast as Marty McFly and actually shot several scenes before director Robert Zemeckis replaced him with Michael J. Fox.

SUBMITTED



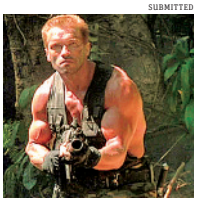
Alien and Aliens
Though the sequel continues the story of Sigourney Weaver's alien-killing heroine Ripley, these films are stylistically very different. The first is a suspense-horror set in space, while James Cameron's sequel is an all out action gore-fest. But they're both really, really good. In space, no one can hear you scream (but in the movie theatre they certainly can).

SUBMITTED



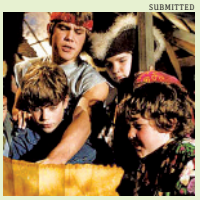
The Lord of the Rings Trilogy
With Peter Jackson at the helm, J.R.R. Tolkien's literary odyssey became an engrossing cinematic treat. And as the trilogy's record 17 Oscars and $3 billion in box-office sales proved, it is indeed possible to satisfy fans of the book(s), the general masses and the critics.

SUBMITTED



Predator
Holding the weird distinction of starring two future U.S. governors (Arnold Schwarzenegger and Jesse Ventura) and one gubernatorial hopeful (Sonny Landham), the film's titular alien antagonist proved far more menacing than any political attack ad or scandal. With visual effects by the late (and very great) Stan Winston, Predator remains a sci-fi horror classic.

SUBMITTED



The Goonies
"Goonies never say die!" This Steven Spielberg-produced hit not only led to record sales of Baby Ruth chocolate bars but, more importantly, struck a balance between adventurous fun and moments of heartfelt poignancy. Characters like Mikey, Data, Mouth, Chunk and, of course, Sloth are indelibly etched in the minds of anyone who came-of-age in the '80s.

TO screening:

Join Mark Breslin — one half of Metro's Reel Guys — at the Scotiabank Theatre in Toronto this Friday at 6:30 p.m.

- **Mark will be presenting** the movie Alien and giving away prizes, so brush up on your Alien trivia!
- **Get the Metro Green Carpet treatment,** where the first 200 movie-goers will receive free pop and popcorn, courtesy of Metro.
- **You could win** free Metro swag and get a chance to win some fantastic movie-lovers prize packs.

SUBMITTED

Ghost
Ghost manages to retain its unabashedly romantic core — it is, after all, about the power of love to cross celestial boundaries — without venturing into overtly maudlin sentimentality. That's a tough task, and this is one of the few films to pull it off really well. And who would've thought that making pottery to Unchained Melody could be so damn sexy?!

SUBMITTED

The Usual Suspects
Who is Keyser Söze? If you've never seen this film and don't yet know the answer to that question, I envy you — you're in for one hell of a ride. Brilliantly written and directed, with a great ensemble cast and a twist-ending that is devastatingly awesome (and that's putting it mildly).

SUBMITTED

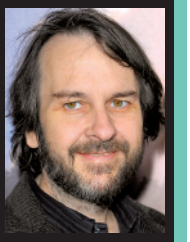
12 Monkeys
What a bizarre experience it would be to look inside the mind of filmmaking auteur Terry Gilliam. Each of his movies gives us a little glimpse and 12 Monkeys is my favourite peek yet. A dystopian time-travel mind-bender featuring Brad Pitt at his unhinged best, it's actually based on an obscure French short film from 1962 called La Jetée.

SUBMITTED

Fight Club
With heaps of praise for The Social Network, director David Fincher is having a very good year. Fight Club stands out as an early gem in his filmography, mixing stellar performances by Brad Pitt, Edward Norton and Helena Bonham Carter with a darkly surreal script based on Chuck Palahniuk's novel. The final scene set to The Pixies' Where Is My Mind is amazing.

2 scene

Hobbit on hold



Lord of the Rings director Sir Peter Jackson is in stable condition in the intensive care unit of Wellington Hospital in New Zealand after surgery for a perforated ulcer.

Publicist Melissa Booth said yesterday that Jackson was "doing well" but would be in the hospital for at least a few more days. She said doctors expect Jackson to make a full recovery.

Jackson was admitted to Wellington Hospital last Wednesday after complaining of acute stomach pains.

His illness has delayed the start of filming of The Hobbit, the two-part prequel to his Academy Award-winning Lord of the Rings trilogy.

Production of The Hobbit had previously been troubled by financial issues and the departure of its initial director Guillermo del Toro.

THE ASSOCIATED PRESS

Producer of 9/11 conspiracy film Loose Change arrested on drug charge in upstate New York

Talking points

No beef on the block for New Kids' Knight

COMING OUT. New Kids on the Block member Jonathan Knight isn't mad at fellow '80s teen star Tiffany for outing him as gay recently — since he wasn't in the closet, he insists.

"I have never been outed by anyone but myself. I did so almost 20 years ago," Knight posted on his group's official fan site.

"I have lived my life very openly and have never hidden the fact that I am gay. Apparently the prerequisite to being a gay public figure is to appear on the cover of a magazine with the caption, 'I am gay.' I apologize for not doing so if this is what was expected." METRO

Madonna preparing for her final tour?

Big-name guests may come along

Madonna is planning another tour, and it may be her last, according to News of the World, so she's looking into pulling in some special guests.

The singer is reportedly looking into having Glee stars Lea Michele and Cory Monteith appear in some manner on tour with her.

"Madonna wants to break records and make her career bigger than ever," a source says.

"And because the Glee episode featuring her music was such a hit, there are plans for the cast to appear. She is in amazing shape for her age, but this could be her last big world tour she does for a while as she wants to concentrate on business ventures." METRO

DIMITRIOS KAMBOURIS/GETTY IMAGES

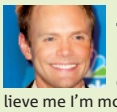
▶ Madonna

Celebrity tweets

Neil Patrick Harris **[@ActuallyNPH]** The tots both started laughing. On the same day. I'm now obsessed with getting them to do it. Babies laughing is like opium.

Sarah Silverman **[@SarahKSilverman]** Wish I was more unique but alas I'm deeply consoled by a scoop of vanilla

Ben Stiller **[@RedHourBen]** Heading to work 4:30pm



Joel McHale **[@joelmchale]** Believe me I'm more shocked than you. To know that I'm related to Oprah & find out I'm a woman. It's almost too much. METRO

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See your dealer for conditions and details. ‡2.2% APR financing for 84 months on new 2011 GMC Sierra 1500 Crew Cab 4WD with PDI and $84, NSFP with freight, PDI & fees $44,195. Dealers are free to set individual prices. Down payment of 20% required. Offer available to retail customers only and consists of a pre-installed Chrome Accessories package (grille, 6" tubular assist steps, door handles and mirror caps) ("PDI Truck") valued up to $1,500 (tax exclusive). This offer may not be combined with certain other consumer incentives available on GM vehicles. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. Conditions and limitations apply. See your GM dealer for details. +To qualify for the GMCL Cash For Leases program, you must: (i) be a Canadian vehicle leasing customer with at least four months remaining on your lease; and (ii) execute and complete a lease transfer by listing your vehicle pursuant to a lease-take-over listing on leasebusters.com. Lease listing and transfer fees apply. Cash For Leases Bonus, a manufacturer to consumer incentive (tax inclusive), is available to eligible retail customers, for use towards the purchase/finance/lease of a new eligible 2010/2011 MY Buick/Chevrolet/GMC/Cadillac vehicle delivered between 01/13/2011–06/30/2011. Incentive may not be combined with certain other offers. Some conditions apply. GMCL may modify, extend or terminate offer in whole or in part at any time without notice. GMCL is not responsible or liable for the Lease Busters lease-take-over program. 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GM reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. ▼▼To qualify for GMCL's Cash For Clunkers incentive, you must: (1) receive Government confirmation of vehicle eligibility under the Retire Your Ride ("RYR") Program, supported by The Government of Canada, and turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months (12 months in B.C.); (2) turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured under (i) a small business name, for the last 6 months or (ii) your name for the last 6 months in B.C.; or (3) turn in a 1996 through 2003 MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months in B.C. GMCL will provide eligible consumers with a manufacturer to consumer incentive (tax inclusive) to be used towards the purchase/finance/lease of a new eligible 2010 or 2011 MY Buick/Chevrolet/GMC/Cadillac vehicle delivered between January 4 and March 31, 2011. Ineligible vehicles: Chevrolet Aveo, 2010 MY Chevrolet Cobalt, 2011 MY Buick Regal, Chevrolet Cruze and Medium Duty Trucks. Incentive ranges from $750 to $2,000, depending on model purchased. Incentive may not be combined with certain other offers. By participating in the Cash for Clunkers program you will not be eligible for any Trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. GMCL may modify, extend or terminate program in whole or in part at any time without notice. If you successfully complete the RYR Program, you will be eligible for a $300 cash incentive from the Canadian Government. Residents of Northwest Territories, Yukon or Nunavut are excluded from the RYR Program and are therefore not eligible for GMCL's Cash for Clunkers incentive. Some conditions apply. For more information, visit www.ecoption.ca. for residents of B.C.) for more information.

3 life

3 weeks to a new you

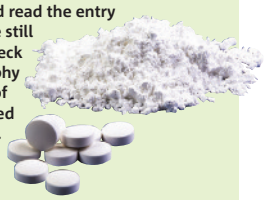
These small ideas have a big cumulative effect ◗ Each is doable during your lunch break ◗ Start by learning, and crossing off some cultural to-dos and then branch out

METRO WORLD NEWS

WEEK 1: EDUCATE YOURSELF

LEARN MORE

Next time someone mentions something you wish you knew more about (The Bible, Che Guevara, how to make homemade cocaine), take note. Then today, go to Wikipedia and read the entry for it. If you're still interested, check the bibliography and buy one of the books listed to learn more.



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SPELLING

There's a word you misspell all the time (there's definately no "a" in "definitely," for example). Develop a trick to help you remember it correctly once and for all.

TRANSLATE

Using Google Translator, learn how to say one useful phrase in four languages you don't know, from countries you've always wanted to visit. To će biti korisno jedan dan u Hrvatska (this will come in handy one day in Croatia).

WEEK 2: FEEL BETTER

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FIND GOOD PEOPLE

Find someone who always seems positive and ask them how they remain that way. Use their tricks. And remember their face when you feel yourself spiraling into negativity.

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DECISIONS

Ask three intimate friends to appraise your mental and physical state, remembering to remain mature enough to not take the responses personally. Then ask them for constructive advice to help you improve what's lacking. Do the same for them.

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ASSESS YOURSELF

Focus on a physical weakness – your weight, inflexibility, acne, whatever — and find a trusted exercise book that deals with the issue. Any book that espouses responsible exercise can only help your overall well-being.

WEEK 3: UNPLUG

FACEBOOK

Don't check your Facebook feed for one day, setting your account to alert you when you get private messages (those are allowed).

CULL THE HERD

Log on to Facebook and read the previous day's updates—the ones you missed. "Hide" the friends who say things that you're not interested in. Then consider whether you need to check the feed every day.

READ

Remember all those books, songs and movies you discovered in week one? Post something to your Facebook feed sharing info about them. Consider sharing only interesting things from now on.

Superfood: Oats

The Dukan diet plan recommends three spoonfuls of porridge oats a day (with water or skimmed milk). They're a great source of protein (obviously) as well as zinc, calcium, magnesium and iron. Their high soluble fibre content is important during phase 1 of the diet where some can experience digestive side effects from all the protein.

ROMINA McGUINNESS

Health Canada issues voluntary recall of weight loss, body-building product

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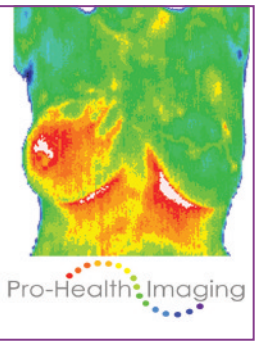

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Cut the fat, embrace the protein

Last year, France's Dr. Pierre Dukan became the hippest diet master with his protein rich regime
His plan promises long-term weight loss and sustainable habits

ROMINA McGUINNESS
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Could this be the real reason the French aren't fat?

"My diet is no fad, it's a way of life," explains Dr. Pierre Dukan on his four phase program that vows to strip your body of excess fat.

Based on the fact that our size depends on the number of fat cells (adipocytes) stored in our bodies, the more you have the more prone to weight gain you will be.

On Dukan, you will be shrinking these cells, allowing your weight to stabilize.

Dukan sets out 100 foods for you to choose from, 72 of which are lean proteins such as fish, chicken, fat free yoghurt and tofu and the remaining 28 are vegetables including green beans, celery or courgettes (that can be eaten without restriction).

In the first two stages, fruit is forbidden along with sugar and all fats, which is where the difference with Atkins is established.

Atkins actually allowed fats — this is not the case with Dukan.

All meats are lean and any dairy product must be 100 per cent fat free.

"My diet is no fad, it's a way of life."
DR. PIERRE DUKAN ON HIS FOUR PHASE PROGRAM.

FLICKR CC KIRTIPODDAR

1

ATTACK
During this phase you will be eating nothing but protein (steak, veal, crab, salmon, non-fat dairy and eggs) for up to 10 days. At this point, eating fruit or vegetables is forbidden.
The lowdown: You may experience bad breath and a dry mouth so drink plenty of water. The plan allows up to three tablespoons of oats a day, for digestion. You are also allowed to drink tea, coffee (sweetener is allowed) and diet drinks.

FLICKR CC ROBERTKPHOTOGRAPHER

2

CRUISE
In this phase you will be alternating two diets. If one day you eat nothing but protein, on the next you will be able to eat unlimited amounts of vegetables (check those you choose have the Dukan seal of approval) to complement Remain in this phase until you reach your desired weight.
The lowdown: At this stage, rules are the same as for the attack phase although your diet becomes more flexible and therefore easier to follow.

FLICKR CC LITTLEBLUEHEN

3

CONSOLIDATION
"At this point, you will need to commit to radical and permanent changes in your diet if you want to keep the weight off," says Dukan.
The highlights: You are allowed to eat fruit (one piece a day), carbs (two slices of bread) and 40g of hard cheese a day and twice a week, you can enjoy a "gala" dinner that includes a meal of your choice (you can tuck into a cheesy risotto or pizza).

FLICKR CC CHERRYLET

4

STABILIZATION
You've lost those love handles, so now what? You can go back to eating what you want but (there had to be a but) introduce protein Thursday's for more or less the rest of your life.

It's all about developing a structured meal plan. "Of course, many people slip back to their old ways and I would say a good 50 per cent stop following the rules bought on by stress, heart break or commitment issues," says Dukan.

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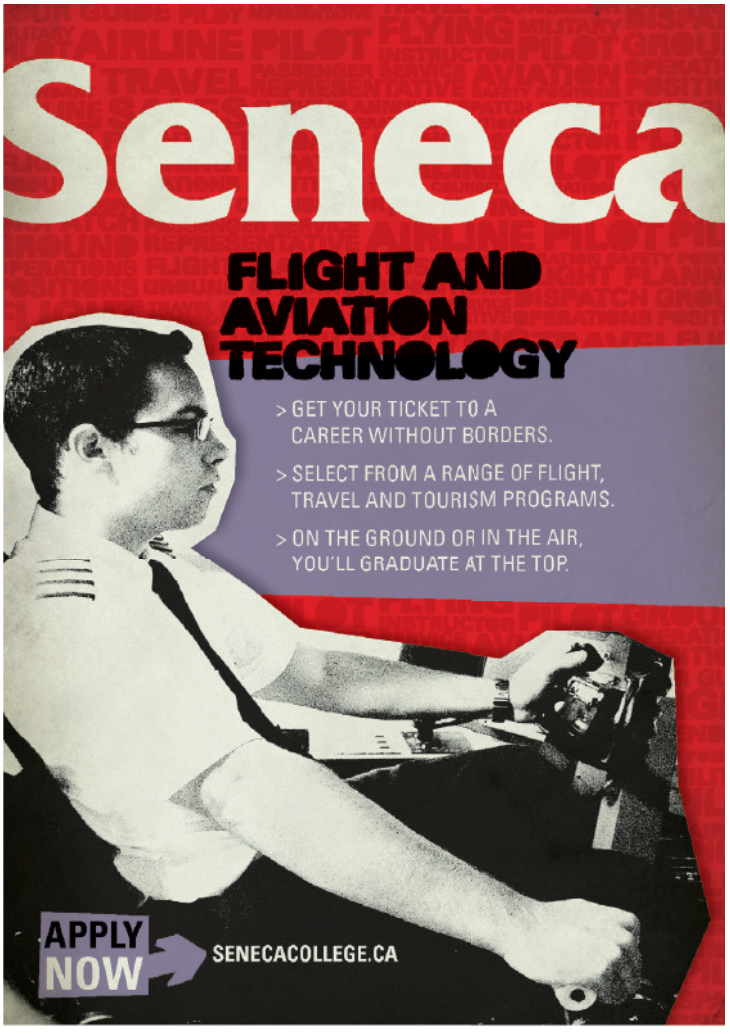

Workout

What's in your ideal workout week?

Fitness Participaction recommends at least 150 minutes per week (that's half an hour five days a week) of moderate or vigorous-intensity aerobic physical activity. You can break it up into 10-minute segments. Add muscle and bone strengthening activities such as lifting weights, at least two days a week.

CELIA MILNE

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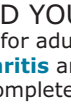
Getting back on resolution track

Don't despair if you haven't seen the progress you wanted Here's how you can get back into routine



CELIA MILNE
LIFE@METRONEWS.CA

Did you make a New Year's resolution? To lose weight? To exercise more? To drink less alcohol?

Well, the fact that you declared your resolution will actually help you keep it.

Don't despair if a month later you've seen little progress.

"Think of resolutions as marathons, not 100-yard dashes. Prepare for the long haul of a changed lifestyle," says Dr. John Norcross (PhD), a professor of psychology at the University of Scranton, Ohio, and coauthor of the book Changing for Good.

According to Dr. Norcross' research, about half of us make New Year's resolutions.

Most resolutions are about self-improvement changes such as losing weight, starting to exercise, quitting smoking or drinking less alcohol.

Believe it or not, studies show that 40 per cent to 46 per cent of New Year's resolvers will be successful at six months.

In fact, if you make a New Year's resolution, you are 10 times more likely to change compared to those who have the same goals and motivation to change, but didn't use the annual changeover to make a resolution.

It's OK to fall of the rails once in a while.

"Most successful resolvers slip in January," says Dr. Norcross. "Don't let one missed exercise class end the exercise program."

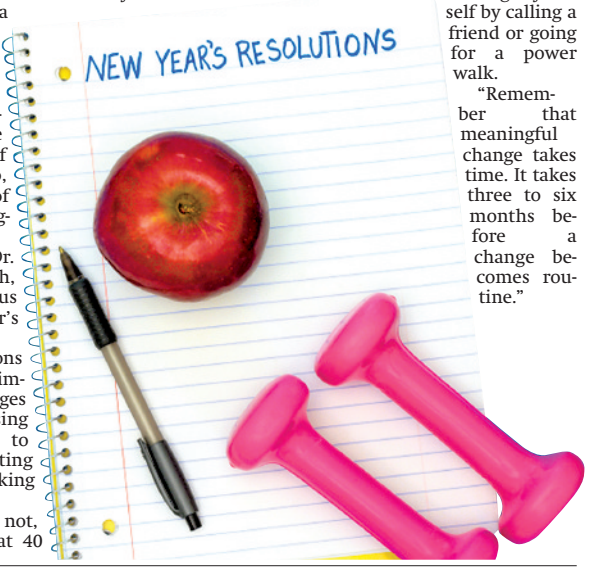
One research study found that 71 per cent of successful resolvers said their first slip had actually strengthened their efforts.

He suggests preparing for slumps in February by creating a "slip plan" to deal with those situations.

Slips can be associated with negative emotions and social pressures.

Try leaving the pressure situation or distracting yourself by calling a friend or going for a power walk.

"Remember that meaningful change takes time. It takes three to six months before a change becomes routine."



"GET SMART FOR A NEW ERA." – Canadian Press
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Powering up by eating protein

How to eat your way to that leaner, healthier body

DAILY SQUEEZE

LARRY TRACK
A LEADING FITNESS TRAINER, OWNER OF TRACK FITNESS IN TORONTO, TRACK IS A CONTRIBUTING EXPERT ON DAILYSQUEEZE.CA.

If I told you about a food that raises your metabolism every time you eat it, that boosts your immunity, and speeds fat loss, wouldn't you eat more of it?

You would think so, except many of my clients (listen-up ladies!) tend to neglect this food for fear they may turn into a bodybuilder.

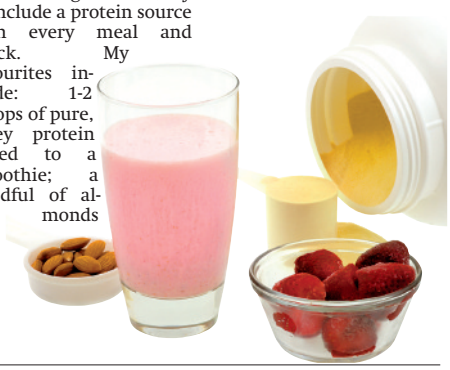
Can you guess? Why yes, it's protein. And no, I'm not referring to a high protein diet, where carbs such as bread, pasta and grains are replaced with steak, bacon and cheese.

I'm talking about pure, naturally lean sources of protein. Think all-white, hormone-free chicken breast, eggs, legumes, lean red meats such as bison or grass-fed beef, fish and certain dairy products.

For the best metabolism-boosting benefits, try to include a protein source with every meal and snack. My favourites include: 1-2 scoops of pure, whey protein added to a smoothie; a handful of almonds with plain, organic yogurt; grilled chicken breast or light tuna on a salad, plus wild salmon, tempeh and black beans.

However you choose it, powering-up with protein is a sure way to a leaner, healthier body. Happy eating.

FIND MORE HEALTHY NEWS AT DAILYSQUEEZE.CA



Protein

What makes protein your body's best friend? Here are some research-proven benefits:

- **Burn** Your body burns double the amount of calories (versus carbs and fats) to digest, absorb and store its nutrients.
- **Muscle** Protein contains amino acids, the building-blocks for stronger, healthier muscles.
- **Energy** Protein helps balance blood sugar levels. It also keeps you feeling fuller longer, so you are less-likely to over-eat.

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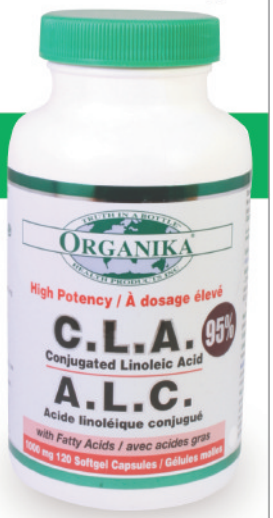

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Chinese New Year lunch worthy of a dragon appetite

This massive buffet is sure to satisfy your cravings

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONEWS.CA

This massive buffet restaurant seats up to 500, but is surprisingly comfortable and warm.

It must be the decor — petrified wood and unique seating, such as an old fishing boat.

There are four tables of hot dishes that include everything from comfort food basics — roast beef, mashed potatoes and Yorkshire pudding — to enthralling flavours like the Salt and Spicy Shrimp and Shao Mai (Pork Dumplings).

There are two dessert tables, two ice cream tables, a soup station, one fruit table, two salad tables, two sushi tables and the two side noodle stations where a noodle chef makes one insanely long noodle and tosses it into a large wok.

It's then served to you in a small bowl with hot broth and your choice of toppings.

STEPHANIE DICKISON

▶ Options at Dragon Pearl are fresh and flavourful.

The food is fresh and extremely flavourful and not one thing I had was overcooked.

This is not the Mandarin or like any other buffet.

Dragon Pearl
865 York Mills Rd. Unit 2
647-352-2288
dragonpearlbuffet.com
Rating: 5 out of 5

FLICKR: KUISINE

Belly Button Tortellini Soup

▶ For an alternative, try adding spinach and red pepper.

EMILY RICHARDS
FOOD@METRONEWS.CA

My grandmother makes this soup with homemade stock.

She makes it for us on cold nights and also on hot nights because it's one of our favourites.

We used to, and still call it "belly button" soup because of the shape of the tortellini. This is a big favourite for small and big kids, alike.

Ingredients:

- 1 lb (500 g) fresh or frozen meat or cheese tortellini
- 8 cups (2 L) chicken or vegetable stock
- 2 tbsp (25 mL) chopped fresh Italian parsley or basil
- 1/4 cup (50 mL) grated Parmesan cheese

Preparation:

1. In a large pot, boil salted water.
2. When water is boiling, toss in tortellini and cook for 8 minutes or until they are floating to the top. Drain the tortellini and set it aside.
3. Meanwhile, in saucepan, bring the stock and parsley to boil. Stir in the tortellini and simmer for 5 minutes.
4. Serve the soup in deep soup bowls sprinkled with Parmesan.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF ON CANADIAN LIVING COOKS. FOR MORE ABOUT EMILY AND HER RECIPES, VISIT EMILYRICHARDSCOOKS.CA.

Got the post-job jitters?

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

It's official. We're anxious ... about retirement. Even those with decades left before starting to grow roses are fretting that they're not saving enough.

A recent TD Waterhouse survey shows that 67 per cent of Canadians over age 45 are worried they're not on financial track for retirement. Only 15 per cent were content with their retirement preparations.

So what's a retirement nail biter to do? First thing is to analyze your own situation. Financial planners commonly throw out 70 per cent of pre-retirement income as the amount people need after leaving the workplace.

That number is a one-size-fits-all approach. A high income earning couple might easily get by with 50 per cent or less. Similarly, someone living a frugal lifestyle outside the urban core could also be quite happy with half of what they previously earned.

4.5%

Amount of personal income saved by Canadians in 2010

2005 - 1.5 %
1982 - 20 %

Your housing situation, hobbies, cost of living and willingness to work part-time post-retirement will have a huge impact on how much you will need. And downsizing, especially in expensive cities such as Vancouver and Toronto, to smaller abodes or to cheaper communities can free up large amounts of equity to bolster retirement savings.

Empty nesters who don't want to downsize or move might increase post-retirement cash flow by renting a room to a student during the academic year. Many retirees can also improve their balance sheet by shifting to a single car and cell phone.

ISTOCK

▶ 67 per cent of Canadians over 45 feel they are not prepped for retirement.

There is another variable that could have an enormous impact on your post-retirement income needs — how your tastes may change.

My father and mother-in-law moved from a waterfront home in Victoria to a double wide mobile home in a 55-Plus community outside Sidney, B.C. They loved it.

In short, there are many ways to look at retirement so don't be panicked by any magic number or percentage. Do these four things and you'll probably be okay:

1. Contribute as much as you can to your RRSP or other savings accounts.
2. Save monthly and make it a habit.
3. Invest the money conservatively.
4. Aim to be debt free upon retirement.

Fun and Frugal

LESLEY SCORGIE
MONEY@METRONEWS.CA

DATING ON A DIME

Does Dating put you into overdraft? Taking on debt for wining and dining isn't frugal. There are plenty of inexpensive dating activities that won't cramp your style or your wallet.

Meet your date at a local coffee house and kick back for a few hours in a casual atmosphere (less than $10). Or, grab coffee to-go and walk around the neighbourhood. Share stories and enjoy the chit-chat.

Get active and walk, run, bike, rollerblade, work-out or toboggan. Head to a park, go for a swim, or spice up a game of tennis with competition – the loser buys the next glass of vino (less than $20). Take advantage of free outdoor festivals and plays.

Rent old movies or see a flick in the cheap theaters (less than $20). Get to know each other's friends by hosting games night — charades, board games and appetizers (less than $30). Check out art exhibit openings or book launches. Tickets are often free or priced relatively inexpensive (less than $40).

Skip restaurants and turn a weekly grocery trip into a farmer's market adventure. Pick up fresh ingredients for a home cooked meal which you can make together. Cooking is romantic, fun, and easy — download free recipes from the Internet and follow along.

Dating on a budget often inspires creativity and allows you to showcase your true colours. Always remember; the point of a date is to spend time with someone special; not bust your budget.

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HELLO CAN GO A LONG WAY

▶ Jamie and Robert

Names: Jamie, 25 and Robert, 26

Current city: Dartmouth, N.S.

Together since: 2002

Their story:

It was a winter in Montreal and my brother and I (Jamie) wanted to test out a snow hill near our home. When this guy (Robert) came by, my brother thought it would be funny to toss an iceball at him.

Robert got mad and was about to beat up my brother.

I intervened and cooled things down.

We went our separate ways, but it turned out that Robert and I lived directly across the street from one another.

Every now and again I saw him waiting at the bus stop and said, "Hi."

College came around and we ended up going to the same school.

He recognized me in the hall one day as (and I quote) "that crazy girl who says hi to me all the time" and he finally said "hi" back!

We started taking the bus home together, and soon started dating.

We married in 2008, have lived in Nova Scotia for three years, and we couldn't be happier.

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ANGELA PACIENZA & DEREK CHEZZI

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COMPROMISE IS KEY

My wife and I are looking to buy our first house. She's very close with her family and insists we find a place in the same neighbourhood as her parents. The prospect frightens me to my very core. How do I tell her no way?

Angela says ...

Getting in between family is one of the toughest tests to a relationship.

And this is one of those cases where compromise will be the only solution. If you move her too far from her family, she'll resent you and, once you have kids, rub it in your face every time you need a babysitter.

Move too close and you'll feel your identity as an independent couple squashed like that spider that set up shop at my back door last summer.

Can you agree on a home several blocks away?

So instead of a five-minute drive, you'll have a 20- or 30-minute buffer.

Derek says...

If she's not willing to cut that umbilical cord, you might be stuck.

There is only so much prodding you can do before you enter the relationship danger zone.

But chin up; there are some hidden benefits to living near family — think easy child-care, free dinners — that can free up your personal time.

This might be your golden opportunity to take up golf.

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Fort Lauderdale Travel Feb 6 - Feb 12/wg	$69 + taxes & fees $224
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INCLUDES accom on the famous Las Vegas Strip. Departs Feb 20/swg/wg. UPGRADE to the 4-star Flamingo Las Vegas for $10 per night.

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CRUISE Lisbon to Venice and visit Gibraltar, Cartagena, Valletta and Split. Sails Apr 4/rcl.

Scuba Dive Vacation

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$1399
Melia Cozumel + taxes & fees $287
INCLUDES direct air to Cozumel, roundtrip airport transfers, 7 nights 4-star all-inclusive accom, 5 days of scuba diving (2 dives per day), 1-night dive, dive equipment and dive transfers. Departs Mar 2/ggv/wg.

All-inclusive Vacations

Varadero
7 Nights 3-Star
$347
Bellevue Sunbeach + taxes & fees $215
Departs Feb 10/nol/ts. UPGRADE to the 4-star Sol Sirenas Coral for $24 per night.

Puerto Plata 7 Nights 4-Star $427
Allegro Puerto Plata + taxes & fees $331
Departs Mar 4/nol/ts.

Santa Lucia 7 Nights 4-Star $497
Be Live Brisas Santa Lucia + taxes & fees $215
Departs Feb 17/nol/c6.

Riviera Maya 7 Nights 4.5-Star $587
Ocean Maya + taxes & fees $283
Departs Feb 9/nol/ts. UPGRADE to the 5-star Grand Sirenis Mayan Beach for $8 per night.

Jamaica 7 Nights 4-Star $627
Holiday Inn Sunspree + taxes & fees $279
Departs Feb 4/nol/c6.

Costa Rica 7 Nights 4-Star $717
Allegro Papagayo + taxes & fees $249
Departs Mar 21/nol/c6.

Panama 7 Nights 4-Star $895
Playa Blanca Beach Resort + taxes & fees $245
Departs Mar 5/swg/wg.

St Lucia 7 Nights 4-Star $1335
Smugglers Cove Resort and Spa + taxes & fees $243
Departs Feb 6/sgn/wg.

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TICO

There's magic in a mentor

The Canadian Youth Business Foundation is linking up young people with dreams and with those in the know

An opportunity is knocking in the business sector, one with the multiple benefits that come when, simultaneously, we invest in youth, inspire a brand new entrepreneur and indeed, inspire ourselves. Many business leaders are signing up to be a CYBF mentor.

The Canadian Youth Business Foundation is a national charity providing start–up financing, a world–class mentoring program, plus an online resource centre for enterprising individuals aged 18 to 34.

Young entrepreneurs are a major contributor to Canada's economy and their success is directly fueled by a mentoring relationship with business professionals.

CYBF helps them to create and sustain their own successful business ventures — and it is your workplace experiences, including the lessons you've learned, that could make all the difference in the success of a young person's life.

Mentor benefits

CYBF is looking for experienced Canadian professionals with strong business acumen.

Mentor qualities include good communication skills and the ability to listen and advise as necessary.

While most of the young entrepreneurs approach the foundation for the start-up financing, they often report that having a hand-matched mentor was the most unanticipated value they received.

Others come to the Foundation primarily to benefit from the mentoring program.

In return, mentors receive value, too. Testimonials posted on the website include the personally rewarding benefits that come with directly helping to shape Canada's future, giving back to the community, and capitalizing on brand new ideas that arise together.

The program also gives you an opportunity to build and develop effective mentoring skills within internationally recognized standards and gives public recognition for time and participation.

Mentors tell the foundation "this type of support in many cases is the difference between success and failure."

NEWS CANADA

Are you in?

- If you would like to help someone else realize his or her dream, take a look at the Mentor Video on the homepage of cybf.ca.
- Many questions can be answered on this website including how to register and how get started, or call 866–870–CYBF (2923).

ISTOCK

Passionate mentees can help to instill a sense of ambition in their experienced advisors.

Brands make it personal

BOOK REVIEW

CRAIG LUND
WORK@METRONEWS.CA

When it comes to marketing, the concept of "brand" was a pretty consistent entity, in that it was the product of the company that owned and produced it.

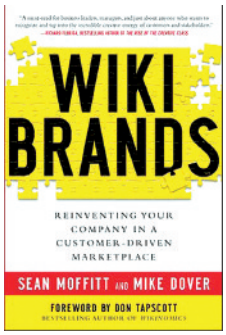
The look, feel and quality were wholly controlled by the owner, and if that brand was managed properly, huge profits could be reaped... ala Coke Cola, McDonalds and Buckleys.

That of course is the old school reality.

Fast forward to 2011, and authors Sean Moffit and Mike Dover describe the new reality of brands in their book Wikibrands. According to Moffit and Dover, "The Litmus test for a thriving business in this market place is 'Does your brand deliver genuine participation.'"

With media fragmentation and the ever expanding catalogue of channels, digital being the key culprit, the former business approach of utilizing Mass Advertising to build a brand... that is to constantly bombard consumers with a consistent and controlled message, is now defunct.

You have to understand the magnitude of this shift. Take for example the historical development of a mega brand like Coke. "Coca-Cola corporate lore claims that if the company suddenly lost all of its physical assets, it could get funding to rebuild the entire enterprise using only the power of brand as collateral."



While this may be true, chances are a brand born today could not achieve the same results without being put in the hands of its users, and modeled and evolved based on customer feedback and interaction... Facebook is a case in point.

Moffit and Dover don't have to stretch too far to demonstrate how effective this approach is, pointing out how companies like Starbucks who have created dedicated platforms for their customers to contribute.

"Starbucks has more than one million Twitter followers, is 'liked' by more than 15 million on Facebook, and has attracted 100,000 user generated contributions to its MyStarbucks Idea.com site."

Wikibrands has some tremendous research behind it, making this book more than just a tomb of interesting case studies, but a call to action.

As Moffit and Dover point out, "The Choice is simple for brands, their owners, and key stake holders – open up to your audience and become much more engaged with customers, or risk being rendered irrelevant."

CRAIG LUND IS THE PRESIDENT ELECT OF THE AMERICAN MARKETING ASSOCIATIONS TORONTO CHAPTER AND CAN BE REACHED AT HELLO@CRAIGLUND.CA

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New-citizen success

StatsCan study shows childhood immigrants more academically success than Canadian-born counterparts

Childhood immigrants who arrived in Canada prior to their teens were more likely than their Canadian-born peers to hold a university degree by adulthood, Statistics Canada has found.

What's more, the difference increased successively from those who arrived in the 1960s to those who arrived in the 1980s.

The study released Tuesday used data from six Canadian censuses between 1971 and 2006.

Childhood immigrants are defined as those who were born abroad and immigrated to Canada at the age of 12 or younger.

The report found that among male childhood immigrants who arrived in the 1980s, nearly 32 per cent held a university degree by the age of 25 to 34, compared with just over 20 per cent of the Canadian-born comparison group.

Male childhood immigrants who arrived in the 1960s had a university completion rate about six percentage points higher than their Canadian-born peers.

Statistics Canada said the pattern was similar among women. However, the share of women with a university degree increased faster than the share of men, for both childhood immigrants and the Canadian-born.

Childhood immigrants represented about 26 per cent of immigrants who arrived in Canada in the 1960s, 24 per cent in the 1970s and 21 per cent in the 1980s.

As for earnings, male childhood immigrants who arrived in the 1960s had weekly wages about two per cent lower than those who were Canadian-born with similar socio-demographic characteristics. This gap disappeared for the 1970s and 1980s cohorts.

Female childhood immigrants who arrived in the '60s and '70s had similar earnings to the Canadian-born comparison group, but the cohort in the '80s had higher earnings than the Canadian-born group.

The increasing gap in educational attainment between successive cohorts of childhood immigrants relative to similarly aged Canadian-born counterparts was associated with the shift in the composition of source countries for immigrants, said Statistics Canada. The composition has been shifting towards countries from which children of immigrant parents have traditionally had high education levels.

Europeans had accounted for 71.4 per cent of the childhood immigrant cohort in the 1960s, 40.8 per cent '70s, and 28.6 per cent in the '80s. In contrast, the share of childhood immigrants from Asia rose from 9.7 per cent to 42.2 per cent over the same time span.

THE CANADIAN PRESS

Degree difference

32 The percentage of male childhood immigrants who arrived to Canada in the 1980s and held a degree by the age of 25 to 34

20 The percentage of the Canadian-born male comparison group who held a degree by the age of 25 to 34

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Student viewpoints

Sway asks Generation Nexters about the importance of Black History Month.
LEROY GRAHAM/SWAY MAGAZINE

Samuel Mensah
STUDENT, EMERY COLLEGIATE
"Black History Month is still very important. Yes, it's true, we've achieved many firsts in the last few years; Barack Obama personifies that. But there is still lots of groundbreaking that we must do as black communities. I think we should support Black History Month initiatives wherever they exist."

David Owusu
STUDENT, YORK UNIVERSITY
"I think Black History Month should continue to be a rallying point for communities in Canada and around the world. As a future lawyer, I would really like to see Black History Month provide more information on how we can impact our judicial and political institutions. We have very little representation in these areas and that is a shame."

Sherita Kaizar
STUDENT, HUMBER COLLEGE
"We still need to recognize Black History Month, and I hope that in the future we pay more attention to the great contributions that black women have made to our society. I think young women need to recognize that the stereotypes being pushed on us by pop culture do not have to be accepted. There are a lot of great role models on which we can base our future success."

Jennifer Gyasi
STUDENT, UNIVERSITY OF TORONTO
"Black History Month is so important because it is one of the few times in the year that the focus is on the achievements of our communities and prominent individuals. It is crucial for us to continue to support and celebrate Black History Month because if we don't the world will be quick to erase our contributions."

Pick up the latest copy of Sway on newsstands now or visit swaymag.ca.

Learning experience

Writer-director Clement Virgo hails Black History Month ◆ Jamaica native calls Toronto home

COLIN MCCONNELL/TORONTO STAR

Writer-director Clement Virgo co-wrote a film adaptation of The Book of Negroes.

IAN GORMERLY
FOR METRO CANADA

Few filmmakers have captured the black experience in Canada as well and as often as writer-director Clement Virgo. From his earliest short films to boxing drama Poor Boy's Game, Virgo has shared stories that would have otherwise remained unheard.

It's that dedication to uncovering new tales that's made him such an ardent supporter of Black History Month, which begins today with events planned across North America. "I think it's a collective history month," explains the director. "The black-Canadian experience is just a part of that."

That experience though is something that's left out of many current school curriculums. "Often times, we don't learn about a lot of people's history or a lot of history in general. Black History Month gives people an opportunity to say 'I didn't know that.' Every year I learn something new."

The love of learning, he says, is part of the driving force behind the success of The Book of Negroes, for which Virgo and author Lawrence Hill co-wrote a script for a movie adaptation.

"A lot of people — black, white or whatever — pick that book up and it's so well researched, it's got so much information that we didn't know."

A Jamaican immigrant who moved to Regent Park with his family when he was 11 years old, Virgo is a self-described "curious artist," who loves speaking to other filmmakers. Last February he sat down with Norman Jewison and Precious director Lee Daniels to talk about the representation of black people in film. And last week at the Varsity Cinemas he had the chance to speak with Spike Lee.

"She's Gotta Have It was a big influence on me as a young person trying to figure out what they wanted to do with their life," he says.

"Up until that point film was mainly a hobby. It was quite inspiring. And it ushered in another wave of black cinema."

Sound advice

Clement Virgo recently spoke with director Spike Lee in Toronto.

- For his conversation with Lee, Virgo chose to focus on the use of music in the famed director movies. "I think that music sets a tone to film and how people respond to it," says Virgo. "But it can take you out of the film as well." Lee's father was a jazz musician, so it's no surprise that music became a central element in some of his best films. "Look at Do the Right Thing. That opening sequence with [Public Enemy's] Fight the Power is one of the great opening film sequences," he marvels. "I always look for filmmakers who have the balance of sound in their films."

3 UNSUNG HEROES

The Greater Toronto Civic Action Alliance and the Maytree Foundation have chosen 25 community builders to take part in a year-long fellowship of leadership and networking programs. Among the Torontonians to take part in this program are three African Canadians, truly some of Toronto's unsung heroes. SAMUEL GETACHEW/SWAY MAGAZINE

COLIN MCCONNELL/TORONTO STAR

HELEN TEWOLDE
Social activist

- She has served the United Way as a community grant developer for youth and currently serves as a Community Development Officer for the City of Toronto. She has been passionate on immigrant and refugee rights, HIV/AIDS education and international development.

MICHAEL WENT
Human rights activist

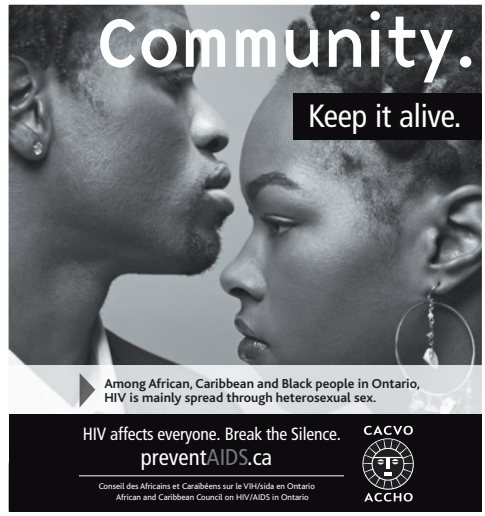
- He is a Senior Municipal Financial Advisor at the Ontario Ministry of Municipal Affairs and Housing and is a member of a Pride Toronto advisory committee. He also serves as a Treasurer and board member at the Black Coalition for AIDS Prevention.

VINCE TALOTTA/TORONTO STAR

BRANDON HAY
Community activist

- Brandon Hay of Black Daddies Club has been working at solving the issue of absent fathers and guns in the black community for many years. He has organized workshops, visits to detention centres and has been an inspiring public speaker around Toronto.

Pick up the latest copy of Sway on newsstands now or visit swaymag.ca.



Save early, save often to boost RRSP

- It's in your best interest — literally, financial planners say
- A small sum invested monthly can outgrow a lump sum once a year

It's RRSP crunch time — that time of year when you search the nooks and crannies of your finances for the money you need to make your annual contribution to your registered retirement savings plan. While experts say that is absolutely the right thing to do, it's tough to come up with a sizable lump sum at any time of year, let alone after the holiday season. You may even find you have to take out a bank loan to meet your maximum allowance.

Financial-planning experts caution that leaving your RRSP contribution to the last minute also means you have lost out on all that tax-sheltered compounded growth you could have benefited from through the year.

"Using a preauthorized contribution arrangement, or PAC, is simple, easy to do and delivers long-term benefits in terms of investment growth," says David Ablett, a financial-planning expert at Investors Group.

Ablett says that if you invest a lump sum once a year you are likely to end up with less money in the long run than if you were to divide the lump-sum investment into 12 portions and invest monthly. The main difference, he notes, is that the money you invest each month begins to compound and grow earlier than if you waited to invest it once a year.

As time passes, your income changes and your life changes: So your PAC should change too. Financial planners suggest that you reset your PAC annually. That way, you'll keep your RRSP contributions and other investing in line with inflation and personal wage increases.

Your investment plan and your PAC are elements in a total financial program tailored to help you achieve your goals. Your professional adviser can help you put together a complete package that is right for your life today and tomorrow.

NEWS CANADA

NEWS CANADA

▶ Leaving your RRSP contribution to the last minute means you lose out on tax-sheltered compound interest. Financial planners recommend investing smaller amounts over the year.

ISTOCK

▶ Even a small investment can generate wealth over the long term, thanks to the power of compound interest.

Make the snowball effect work for you

Kick a small ball of snow into motion from the top of a hill and by the time it gets to the bottom it will be noticeably larger. That's the snowball effect — and you may be able to get the same growth effect in your investments.

By making even a small investment and leaving it to grow, the income it generates is reinvested — or compounded — and over the longer term your small investment will grow exponentially, says Myron Knodel, a financial-planning expert with Investors Group.

"The key is to get your financial snowball rolling as soon as possible," Knodel says. "The sooner you invest, the longer your money will have to grow. And that usually means more wealth at the end of the road."

"The sooner you invest, the longer your money will have to grow. And that usually means more wealth at the end of the road."
MYRON KNODEL, INVESTORS GROUP

Here is a simple example of the power of compounding:

- You invest $10,000 at 10 per cent, and in a year you have earned $1,000 in interest.
- You add that to the original investment for a new total of $11,000, and the next year that new total earns $1,100 in interest at the same rate.
- If there was no immediate tax on the interest, you now have a total of $12,100 invested at 10 per cent.

Knodel says a professional adviser can help you devise a plan to take advantage of the power of compounding.

NEWS CANADA

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How to spend is key for retirement income

ISTOCK

▶ Many Canadians fear they will outlive their nest egg, BMO'S Tina Di Vito says.

Make a budget Consider a guaranteed fund that pays monthly

When picturing the so-called golden years, we often think of exotic vacations, focusing on our hobbies or spending time with family and friends. It's easy to forget that, along with our big-picture plans, there will also be day-to-day expenses and unexpected costs that can eat into our retirement savings.

With changes on the way to the Canada Pension Plan and employer-sponsored pension plans becoming less common, future retirees need to take on more individual responsibility to ensure they have enough income for their retirement.

"Canadians are living longer, and many fear they will outlive their savings," says Tina Di Vito, head of BMO Retirement Institute.

"In order to be prepared, the first step is for Canadians to think about the various factors that will affect their retirement, including their health, life expectancy, marital status, the cost of living and the level of expenses they will incur."

To ensure a comfortable retirement and to maintain peace of mind, you need to plan ahead and assess how much income you will need on a monthly basis after you stop working. You should also think about where this revenue will come from and how much of a "sure thing" it is.

Di Vito recommends that every Canadian should have at least one source of guaranteed retirement income. Ideally, this guaranteed component should make up at least 30 per cent of your overall retirement cash flow.

To help you achieve this, she suggests investing in a plan that will pay a set amount over the course of a lifetime. BMO, for example, recently introduced the BMO Lifetime Cash Flow. It's a deposit that can provide you with a six per cent payout every year for the rest of your life. It also offers tax savings, since no taxes apply for the first 25 years. Essentially, Di Vito says, it acts as a safety net for retirement and helps ensure you have at least a portion of your retirement income guaranteed.

NEWS CANADA

RRSP TIME

How many eggs in your basket?

How much money should you have for the retirement you want? Surprisingly, it's not all about numbers.

"Life in retirement can be unpredictable," says Lee Anne Davies, head of retirement strategies at RBC. "To prepare yourself for the unexpected, it's important to focus on making your nest egg last, rather than focusing on a specific amount to save."

RBC offers three tips to help make that nest egg go a little further.

• Create a strategy: You need a financial plan that will help you achieve the retirement lifestyle of your dreams. Some questions to consider: What kind of retirement do you want? How do you want to spend your time?

• Set a budget: It's important to know where your money will come from and what it will go toward. It is just as important to keep track of retirement spending as it is to track retirement income.

• Pace yourself: Knowing the amount and timing of your withdrawals is just as important as saving money in the first place. You need to be able to withdraw enough in order to enjoy your retirement but ensure that the money lasts. NEWS CANADA

Online investing sites still user-unfriendly

INVESTING

TALBOT BOGGS
THE CANADIAN PRESS

Industry reports estimate that online investing is alive and thriving in Canada, involving about $200 billion in assets and with companies continuing to add new products and services to their sites. However, recent studies of the Canadian online banking and brokerage industries indicate the customer online experience leaves a lot to be desired, in spite of efforts by firms to improve the quantity and quality of their tools and resources.

Complaints about the sites centre on their lack of visual appeal, sophisticated design and support resources once customers enter the transactional areas.

"From year to year, the overall online experience remains the same at the majority of firms as new industry products emerge and are introduced into current outdated sites," says Glenn Lacoste, president of Surviscor, a firm that analyzes and ranks Canadian online services. "Companies continue to introduce new things but they are not changing the dynamics of the site to make them more user-friendly.

"Adding functionality simply increases the size of the pile," Lacoste adds. "Redesigning the sites to improve access and use of information is a must."

But some online brokerages are making an effort to provide tools that help customers manage their portfolios. A recent survey by RBC found that the majority of Canadian self-directed investors are using their online brokerage account for long-term investment such as saving for retirement or a child's education. Only 11 per cent reported using their online accounts for short-term profit.

As well, the poll found that the more diversified a portfolio, the likelier investors are to say it has performed well. In spite of that, however, only 19 per cent of online investors believe their portfolios are well diversified.

"The greatest demand is for portfolio-management tools that help investors build and monitor their long-term investment strategies," says Jason Storsley, president and CEO of RBC Direct Investing.

To that end, RBC has introduced tools that, among other things, help investors define their goals and evaluate their rate of return.

Last year, Canadian online brokerages added a number of improved features and products to their sites, such as security and privacy measures, expanded modelling tools to include equity and ETF portfolios and the introduction of practice accounts by RBC and Scotiabank that allow users to rehearse with play money before trading with the real thing.

"We hear so many things about the industry flying in terms of new functionality and features, but is it?" Lacoste asks. "We don't think so. The landscape is so competitive right now that any new feature a firm can offer is only a differentiator for a short period of time. Better designed sites should be the differentiators, along with price."

NEWS CANADA

What's in your RRSP?

ISTOCK

A recent survey by BMO Financial Group suggests that 70 per cent of Canadians are not familiar with the investments in their RRSPs.

"Knowing what investments you hold and reviewing the key fundamentals of investing are an excellent way to ensure you're on the right track with your RRSP," says Domenic Gallippi, head of term investment products at BMO Bank of Montreal.

Here are some typical investments in RRSP portfolios:

- Guaranteed Return Products: The stability of guaranteed investment certificates (GICs) are well suited for investors who have a low tolerance for risk. Most financial institutions offer a full suite of GICs that pay no matter how the market performs.
- Mutual Funds: These are professionally managed investment portfolios that can provide exposure to many industries, geographic regions and stock markets.
- Individual Stocks: Experienced investors who are confident in their expertise in analyzing and understanding the markets can invest in individual stocks by purchasing shares in companies. These tend to be long-term investments that offer time to recoup losses incurred by volatile markets.

Gallippi recommends that you spread your money among a variety of investments for higher returns, lower risk and a stronger portfolio.

NEWS CANADA

It's all about the plan

Take an integrated approach to retirement investing Start now

You dream about living happily ever after in retirement, but are you taking the right steps to get there? Too often, the urgency to start thinking about retirement kicks in late. This leaves many Canadians facing the hard truth that, in order to maintain their lifestyle as well as enjoy the retirement of their dreams, they should have started thinking about it a lot sooner.

Savings vehicles such as a pension or RRSP are great tools, but they are not a customized retirement plan.

"Relying solely on contributions to an RRSP account, along with dependence on government or employer pension programs, can leave you with a lower than expected income in retirement," says Patricia Lovett-Reid, senior vice-president of TD Waterhouse. "We need to plan now in order to ensure that we can live out the retirement we always imagined for ourselves."

Lovett-Reid recommends working with a trusted financial adviser to help you clearly articulate your personal financial goals that work best with your lifestyle.

"Together," she says, "through ongoing discussions, you can lay out an action plan to reach your short-, medium- and long-term financial aspirations for you and your family."

Other considerations for creating a plan may be business succession if you're a business owner, passing on your estate, tax strategies and choosing an aggressive versus conservative investment portfolio. Retirement planning is different for everyone and involves an integrated approach to ensure you grow into the retirement you've always envisaged.

RRSP season is an ideal time to seek the help of an adviser who can work with you to ensure your savings and investment strategy are closely aligned with your financial goals. It's possible to live happily ever after in retirement, but you need to do some planning to get there.

NEWS CANADA

ISTOCK

▶ You can't rely solely on an RRSP, experts say. You need a retirement plan designed specially for you.

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Work your connections

Alumni are a valuable resource for MBA programs An alumni recommendation can go a long way

GEN HANDLEY
LIFE@METRONEWS.CA

Canadian universities are discovering that alumni can be a valuable, two-way window in establishing a strong MBA program.

"Interacting with alumnae gives the potential candidate a good idea if the culture or the program is a good fit or not," says Wendy Ma, assistant director of MBA programs at the University of British Columbia's Sauder School of Business.

Niki da Silva, director of MBA admissions and recruitment at the Richard Ivey School of Business at the University of Western Ontario says the same.

"It gives candidates so much more depth of the school and insight into the real experience of the program," da Silva explains.

And vice versa, alumni also provide insight to the university when determining if candidates are truly a good fit for the program.

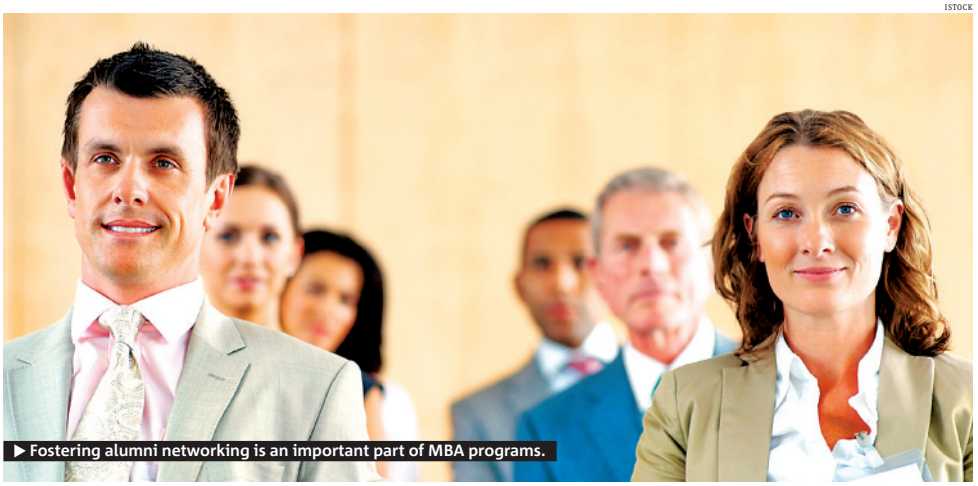
"We listen to alumni referrals of candidates because they certainly know what it takes to be successful in the program," da Silva says.

It helps

Does it help or hinder to use alumni and business connections to get into school?

"Absolutely [it helps]. It's how they effectively present themselves. Be prepared to talk about your network and yourself. — Scott Comber, Dalhousie University

ISTOCK



▶ Fostering alumni networking is an important part of MBA programs.

At UBC, MBA graduates have similar influence.

"UBC alumni sometimes help out with the student recruitment process," Ma says. "We have a strong network of relationships here and we trust our alum when they recommend potential applications."

Ma says that these relationships continue long after graduation and extend past the borders of the university.

"We see these connections establishing some very solid business contacts," she says. "These relationships go past different industries and even across international borders."

She believes it is this eclectic foundation of relationships that is the backbone of a good MBA program, harnessing diversity for a more valuable academic experience for the students.

"We have engineers who come to do an MBA, we have teachers who come do an MBA, we have lawyers who come to do an MBA, we have doctors who come do an MBA," says Ma, who had a background in science when she did her MBA. "As a result, in the classroom, problems are analyzed with different lenses and different perspectives."

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Wow them in person

- Treat your MBA interview as crucial — it is
- You need honesty, confidence, and preparation

JOHN TATTRIE
FOR METRO CANADA

Students who land an interview for a university's master of business administration program may think that means they're in, but experts say they've just reached a critical test.

Kerri Regan, manager of recruitment and admissions for the Queen's MBA program, says about 70 per cent of applicants get an interview, but only a small portion of those are accepted. "Just because you've got an interview doesn't mean you're in the program," she cautions.

To ace the interview, treat it like a major job interview. Turn up in top business attire (even if it's a Skype video call), shake hands firmly and make eye contact. Focus on what you can do for them (and for future employers), not what they can do for you.

"Part of the admissions process is determining someone's employability," she explains.

Talk about your skills and the value you've extracted from your businesses experiences and how that can transfer to the classroom and boardroom beyond.

"If there are things about your application you would identify as red flags … be prepared to address them," Regan says. "Candidates that have really stood out are the ones that have that level of self-awareness."

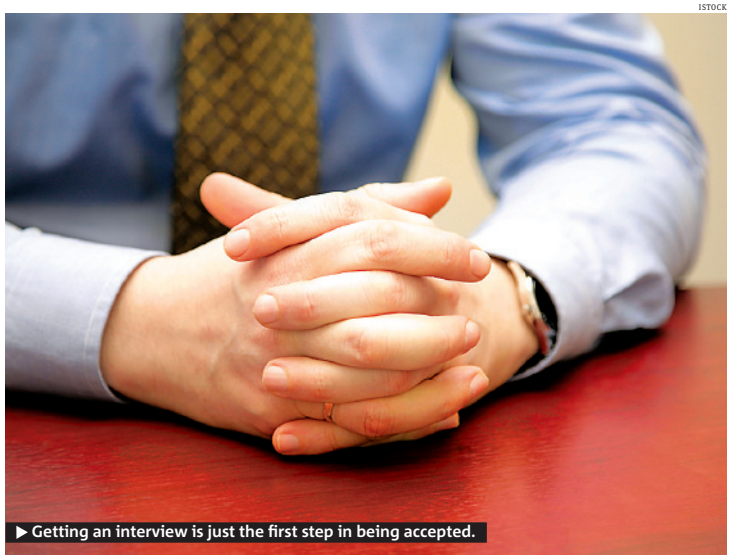
Scott Comber, director of Dalhousie University's Corporate Residency MBA, says the interviewers want concrete examples from your past that show why you're a good candidate.

"'Give me three things you've done to develop yourself in the last year,'" he says as a sample question. "'Tell me a time when you've really struggled academically.'"

They're not looking for excuses, but self-understanding. "We're actually looking for how they handled it, how emotionally intelligent they are," he says.

The reputation of an MBA program rests largely on how well its graduates do in the real world, so the admissions team must be convinced you will not only do well academically, but go on to thrive in business.

ISTOCK



▶ Getting an interview is just the first step in being accepted.

Be ready

- Review your application and entrance essays before the interview.
- Rehearse multi-purpose examples from your work history.
- Ask a frank colleague for your strengths and weaknesses.
- Be confident, open and honest with the interviewer.
- If facing a tough question, ask for time to gather your thoughts rather than blundering through.

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Your MBA: How to fund tuition

Scholarships, bursaries can help ◆ Student loans available ◆ Worth it to add value to your resumé

KRISTEN LIPSCOMBE
FOR METRO CANADA

If you want to dot the 'i' and cross the 't' in your expertise (or, in other words, give your job skills a big boost), earning a Masters of Business Administration degree may be the career move you need.

"If you think of a person in terms of a 't,' and the vertical part of the 't' is their expertise, whether they're an engineer, whether they're a teacher ... what the MBA does is put the horizontal cap on it," Jim Dewald, associate dean of graduate programs at the University of Calgary's Haskayne School of Business, told Metro Canada.

Dewald said an MBA "gives people general management skills, so they understand how to motivate people and teams, how to recruit and train top employees ... (and) still be effective as an engineer or as a teacher."

But that extra piece of paper on your office wall — and the horizontal cap on the 't' in your expertise — comes at a cost.

So how does an aspiring MBA student pay the $30,000 tuition bill at the University of Calgary?

Dewald said the business school hands out about $300,000 of entrance scholarships annually, based on academic performance, including the Graduate Management Admission Test.

Additionally, while the MBA program is targeted to students with varying undergraduate degrees, anyone with a bachelor of commerce degree "will likely get exemptions"

"We call it good value for money."
JOAN WHITE, ASSOCIATE DEAN, UNIVERSITY OF ALBERTA

from certain courses, he said.

Joan White, associate dean of MBA programs at the University of Alberta School of Business in Edmonton, said donor funding for scholarships amounted to about $240,000 this year.

There are also $300,000

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MARCH 26, 2011

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in bursaries awarded annually, mostly to international students, and $150,000 worth of entrance scholarships.

Government student loan programs also recognize "that MBA programs are more expensive, so their criteria has been adjusted," White said.

That funding diversity goes a long way toward helping MBA students at the University of Alberta cover the $25,000 program cost, and toward reaching their job-boosting goals.

"We call it good value for money," she said.

ISTOCK

▶ An MBA caps off your other training and experience.

Better: Get your boss to pay

So, you want work to help pay for your MBA?

Joan White, associate dean of MBA programs at the University of Alberta School of Business in Edmonton, said it's actually not uncommon for employers to partially, and sometimes fully, support their employees financially.

She suggests pitching the idea of applying for either a full-time or part-time MBA program during performance evaluations.

"If you're with a good organization, and you have good supervisors, then they are going to recognize when it's time for an individual to gain more education."

Jim Dewald, associate dean of graduate programs at the University of Calgary's Haskayne School of Business, said different corporations have different policies on sponsoring employees.

"They do have some hurdles," he said.

"They have to present a business case usually, they have to be at a certain level in the organization (and) it has to fit with their overall targeted growth."

Ultimately, it's a business decision that can benefit employee and employer alike.

"As that person grows in the organization, they can feed a lot of their learning back into making the organization a better place," he said.

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4 sports

Lone Star state of mind

- Packers, Steelers embrace Texas trappings as they land in Dallas
- Green Bay fans show up in bigger numbers than Pittsburgh supporters

TOM PENNINGTON/GETTY IMAGES

▶ Hines Ward of the Pittsburgh Steelers talks with media yesterday at the Omni Fort Worth Hotel.

Video cameras and cowboy hats were in style as the Pittsburgh Steelers and Green Bay Packers arrived yesterday at the Super Bowl.

With dozens of fans chanting "Go Pack Go" as the players walked off team buses, the Packers witnessed Super Bowl frenzy for the first time in 13 years. Many of the players carried video cameras or aimed their cellphones at the crowd to take pictures before heading to news conferences.

A few of them wore cowboy hats, but none went as far as Steelers veteran receiver Hines Ward. He took the True Grit route, decked out in black cowboy hat, black shirt, belt buckle and jeans.

Steelers quarterback Ben Roethlisberger held his cellphone high, taking photos of the six-deep pack of reporters at his podium.

"Just taking it in stride, enjoying this opportunity regardless of what comes or how it comes," Roethlisberger said. "Take it all in."

Taking it all in were the big guys who block for him. They paid tribute to tackle Flozell Adams, who spent a dozen seasons as a Dallas Cowboy before joining this Pittsburgh team, by wearing his No. 76 Michigan State shirt as they deplaned.

"I'm in Dallas, Texas. I wanted to put on my whole cowboy outfit and enjoy it."
HINES WARD

There were plenty of fans in black and gold outside the Steelers' hotel, some carrying the obligatory Terrible Towels. But they were far outnumbered at the Packers' hotel in Irving a few hours later when the NFC champions pulled in.

Maybe that has something to do with Pittsburgh making its third Super Bowl appearance in six years. Not that the players are blasé about it.

"It's always exciting for the opportunity to close up the season by playing in the Super Bowl," Roethlisberger said. "I don't think you ever get tired of this, so take as much video and pictures as you can."
THE ASSOCIATED PRESS

Leafs preview

Panthers at Leafs
7 p.m.
TV: Sportsnet
Radio: AM 640

Heading into the all-star break, the Panthers (22-22-5) lost five of six games, but with three of those defeats coming in overtime or a shootout, they still picked up five points. Leading scorers on the Panthers are David Booth with 14 goals and Stephen Weiss with a team-high 33 points (13-20).

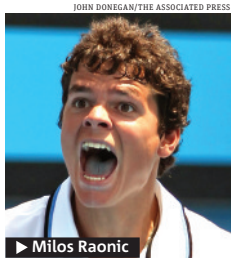
Phil Kessel returns to Toronto after being selected last in the NHL's all-star draft and will be looking to end a seven-game scoring drought. The Leafs (19-25-5) are carrying three goalies as rookie James Reimer continues to show he deserves an NHL shot. He's 4-3-0 with a 2.24 goals-against average and .933 save percentage since being called up from the AHL's Marlies.

Scan code for sports

Raonic gets big bump in rankings

1 The top five remained the same in the rankings with Rafael Nadal at No. 1 followed by Roger Federer, Australian Open winner Novak Djokovic, Robin Soderling, and Andy Murray. David Ferrer improved one spot to No. 6.

JOHN DONEGAN/THE ASSOCIATED PRESS



▶ Milos Raonic

Canadian Milos Raonic, one of the major stories of the Australian Open, has rocketed 58 places to No. 94 in the ATP rankings released yesterday.

The 20-year-old from Thornhill made it to the fourth round in Melbourne before losing 4-6, 6-2, 6-3, 6-4 to seventh-seeded David Ferrer of Spain.

The six-foot-five Canadian with the booming serve downed Bjorn Phau in the first round, surprised No. 22 Michael Llodra in the second round and stunned No. 10 Mikhail Youzhny in the third round.

Vancouver's Rebecca Marino cracked the WTA's top 100, jumping 20 places to No. 84. **THE CANADIAN PRESS**

Losing streak hits 12 for Raps

104	93
PACERS	RAPTORS

Roy Hibbert had 24 points and 11 rebounds to help Indiana beat the Toronto Raptors 104-93 last night in Frank Vogel's debut as Pacers interim coach.

The 37-year-old Vogel replaced Jim O'Brien, who was fired Sunday. Vogel said he would allow Hibbert to play through his mistakes, and the seven-foot-two centre rewarded his new coach with his highest-scoring game since Nov. 28.

Darren Collison and Paul George scored 16 points and Tyler Hansbrough added 14 as the Pacers extended Toronto's losing streak to 12 games. The Raptors gave up 100 or more points for the eighth straight contest.

Amir Johnson led Toronto with 18 points, and Jose Calderon and Ed Davis added 13. Andrea Bargnani, Toronto's leading scorer this season, finished with 12 points on 3-for-15 shooting.
THE ASSOCIATED PRESS

Hamilton council backs plan for stadium

Hamilton city council has voted unanimously in favour of a plan to renovate Ivor Wynne Stadium for the 2015 Pan American Games.

The proposal now goes to the Pan Am Games organizing committee for approval.

The afternoon vote came a day after the Ontario government stepped in with about $22.5 million to cover a funding gap in the $152-million project.

The renovation involves the complete reconstruction of 15,000 seats in the south stands at Ivor Wynne, along with a 10,000 seat renovation in the north stands.

Hamilton's share is about $54 million and the stadium will serve as the new home for the CFL's Tiger-Cats.
THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE STATISTICS

FROM THE CANADIAN PRESS

Not including yesterday's games

ANAHEIM

Player	GP	G	A	Pts	+/-	PIM
Perry	52	25	26	51	1	82
Selanne	43	15	30	45	1	22
Visnovsky	51	8	35	43	7	18
Ryan	52	22	17	39	6	49
Getzlaf	40	18	24	42	3	24
Koivu	51	11	16	27	-6	34
Fowler	46	5	21	26	-13	10
Lydman	48	2	17	19	24	20
Blake	50	10	8	18	-5	35
Lupul	24	4	8	12	-4	14
McMillan	30	5	5	10	1	4
Beleskey	27	3	7	10	-4	32
Lapierre	48	5	4	9	-13	68
Sexton	26	3	3	6	-6	2
Lilja	35	1	4	5	-8	20
Marchant	51	0	5	5	-11	16
Parros	51	3	1	4	-3	118
Shisa	38	2	2	4	-10	20
Sutton	29	0	3	3	-7	53
Mara	33	1	1	2	-1	40
Chipchura	28	0	2	2	0	27
Brookbank	23	0	0	0	-8	43
Voros	11	0	0	0	-4	43
Hiller	46	0	1	1	0	0
McElhinney	13	0	0	0	0	0

ATLANTA

Player	GP	G	A	Pts	+/-	PIM
Byfuglien	52	16	25	41	3	47
Enstrom	50	8	33	41	2	30
Ladd	51	16	23	39	-4	23
Peverley	52	13	15	28	-14	32
Little	46	13	15	28	12	37
Stewart	52	12	16	28	1	45
Kane	43	13	14	27	0	46
Bergfors	41	10	17	27	-3	4
Antropov	46	9	16	25	-8	26
Thorburn	52	6	9	15	-6	22
Burmistrov	52	5	10	15	-4	23
Oduya	52	2	12	14	-12	16
Slater	36	5	7	12	4	19
Modin	30	7	3	10	-9	10
Boulton	46	5	3	8	3	27
Bogosian	41	3	5	8	-12	21
Hainsey	52	1	6	7	6	12
Sopel	51	1	5	6	8	16
Cormier	14	1	1	2	-1	2
Stapleton	15	0	1	1	-3	4
Meyer	13	0	1	1	-8	8
Dawes	9	0	1	1	-8	0
Machacek	4	0	0	0	-2	0
Welch	2	0	0	0	-1	0
Pavelec	38	0	0	0	0	0
Mason	19	0	0	0	0	2
Mannino	2	0	0	0	0	0

BOSTON

Player	GP	G	A	Pts	+/-	PIM
Bergeron	50	16	24	40	21	16
Lucic	47	20	13	33	12	60
Krejci	43	7	26	33	11	15
Recchi	50	10	22	32	14	19
Ryder	50	14	14	28	-3	14
Horton	48	12	16	28	-3	38
Chara	50	10	16	26	22	49
Marchand	47	13	12	25	21	22
Wheeler	50	10	12	22	7	28
Seidenberg	50	4	18	22	5	27
Campbell	48	7	11	18	6	56
Seguin	48	7	9	16	1	16
Thornton	50	7	5	12	4	81
Savard	25	2	8	10	-7	29
Boychuk	40	1	8	9	11	17
Kampfer	24	4	4	8	6	4
Ference	47	2	6	8	18	46
Caron	20	3	4	7	7	4
McQuaid	36	0	7	7	15	64
Stuart	29	1	3	4	6	23
Paille	23	0	4	4	-2	9
Bartkowski	2	0	0	0	-1	2
Arniel	1	0	0	0	-1	0
Thomas	36	0	3	3	0	2
Rask	16	0	0	0	0	0

BUFFALO

Player	GP	G	A	Pts	+/-	PIM
Vanek	49	18	23	41	-13	14
Roy	35	10	25	35	-1	16
Ennis	49	12	16	28	-8	16
Pominville	40	11	17	28	-6	6
Leopold	49	10	17	27	-6	22
Stafford	31	15	9	24	-2	24
Myers	47	6	15	21	-11	22
Hecht	49	8	12	20	-5	24
Connolly	35	6	14	20	-12	12
Gaustad	49	5	10	15	5	73
Montador	49	4	11	15	-11	59
McCormick	48	7	7	14	3	98
Gerbe	32	6	8	14	6	18
Sekera	48	1	11	12	-4	14
Grier	49	2	9	11	1	10
Niedermayer	40	2	9	11	9	18
Kaleta	39	4	4	8	0	79
Weber	28	2	4	6	8	42
Adam	18	3	1	4	-4	10
Morrisonn	35	1	2	3	-6	16
Rivet	23	1	2	3	-5	12
Butler	21	1	2	3	-1	10
Byron	2	1	1	2	1	0
Mancari	3	0	1	1	-1	0
Ellis	8	0	0	0	-2	0
Gragnani	3	0	0	0	1	2
Stuart	3	0	0	0	1	2
Miller	40	0	0	0	-4	0
Enroth	5	0	0	0	0	0
Lalime	7	0	1	1	0	0

CALGARY

Player	GP	G	A	Pts	+/-	PIM
Iginla	51	22	25	47	-9	30
Tanguay	51	12	25	37	-4	18
Jokinen	48	9	21	30	-14	34
Bourque	49	15	12	27	-6	20
Morrison	51	8	19	27	4	16
Giordano	51	4	21	25	-11	44
Hagman	50	9	14	23	-4	22
Stajan	45	3	20	23	4	16
Babchuk	51	6	16	22	1	28
Glencross	48	12	7	19	-1	49
Moss	38	12	7	19	4	16
Jackman	51	7	9	16	0	72
Bouwmeester	51	4	12	16	2	32
Backlund	43	5	6	11	3	10
Sarich	45	1	9	10	5	46
Kostopoulos	45	4	4	8	-1	59
Pardy	26	1	5	6	3	22
Regehr	48	0	6	6	8	32
Kotalik	20	3	0	3	-8	6
Conroy	18	2	0	2	-1	8
Staios	15	1	1	2	-3	20
Mikkelson	22	0	2	2	-6	6
Meyer	16	0	2	2	0	17
Sutter	4	0	1	1	-1	5
Brodie	3	0	0	0	-3	2
Ivanans	1	0	0	0	-1	5
Kiprusoff	42	0	0	0	0	0
Karisson	12	0	0	0	0	0

CAROLINA

Player	GP	G	A	Pts	+/-	PIM
Staal	50	25	27	52	-9	52
Skinner	50	18	22	40	3	20
Ruutu	50	12	28	40	-3	34
Jokinen	44	12	26	38	1	16
Cole	50	13	15	28	2	37
Corvo	50	7	19	26	-4	14
Samsonov	45	9	12	21	0	10
LaRose	50	10	10	20	-10	41
Pitkanen	43	2	18	20	0	38
Sutter	50	11	7	18	12	10
McBain	50	3	14	17	-1	24
Dwyer	48	7	8	15	-2	10
White	48	2	11	13	-6	14
Gleason	50	2	10	12	-4	64
Boychuk	18	4	3	7	-1	4
Tlusty	25	3	3	6	4	6
Carter	45	1	5	6	-4	40
Harrison	48	1	4	5	3	48
Dalpe	14	3	1	4	0	0
Bodie	40	0	3	3	-6	46
Matsumoto	13	2	0	2	-4	4
Bowman	8	0	0	0	1	6
Carson	7	0	0	0	3	2
Rodney	3	0	0	0	0	2
Ward	43	0	1	1	0	0
Peters	11	0	0	0	0	4

CHICAGO

Player	GP	G	A	Pts	+/-	PIM
Sharp	49	26	20	46	-10	22
Toews	48	17	23	40	7	14
Kane	41	13	24	37	-8	12
Kopecky	49	10	21	31	-7	42
Brouwer	50	15	13	28	1	20
Keith	50	3	25	28	-4	18
Hossa	34	11	16	27	7	16
Bickell	47	12	14	26	11	32
Seabrook	50	3	23	26	-6	30
Bolland	43	10	13	23	6	30
Campbell	37	2	16	18	23	4
Skille	46	7	9	16	4	23
Dowell	48	5	11	16	9	52
Stalberg	46	7	8	15	-2	18
Pisani	40	7	6	13	3	8
Jones	36	0	8	8	4	8
Gilbert	48	2	4	6	6	23
Foster	46	3	9	12	-11	31
Omark	20	3	6	9	-7	12
Brule	34	4	2	6	-7	14
Peckham	46	2	3	5	-5	111
Vandermeer	29	1	5	6	1	23
Smid	45	0	6	6	-7	55
Reddox	12	0	5	5	0	0
Stortini	32	0	4	4	-2	76
Jacques	27	3	0	3	0	15
Fraser	49	2	1	3	-1	54
Petry	14	1	2	3	0	2
O'Marra	9	1	2	3	0	2
Chorney	6	0	2	2	-3	2
MacIntyre	14	0	1	1	0	42
Strudwick	21	0	0	0	-7	17
Belle	5	0	0	0	-2	0
Khabibulin	32	0	0	0	0	6
Dubnyk	17	0	0	0	0	2
Gerber	2	0	1	1	0	0

COLORADO

Player	GP	G	A	Pts	+/-	PIM
Duchene	50	20	25	45	-2	21
Stastny	48	17	26	43	-1	36
Hejduk	43	15	27	42	-7	12
Liles	50	6	29	35	5	27
Fleischmann	45	12	19	31	2	18
Jones	47	16	12	28	-2	20
Stewart	29	13	12	25	3	49
Shattenkirk	38	7	19	26	-6	16
Yip	42	9	8	17	-6	33
Winnik	49	7	9	16	2	22
O'Reilly	45	5	10	15	6	8
Porter	42	9	5	14	5	14
Galiardi	31	7	7	14	-1	12
Dupuis	48	3	9	12	4	21
Wilson	40	3	8	11	5	32
Mauldin	29	5	5	10	5	8
Cumiskey	15	1	6	7	-1	8
Foote	38	0	7	7	-6	27
MacLeod	39	4	2	6	-7	108
Hunwick	46	1	5	6	-4	19
O'Byrne	39	0	6	6	11	47
Holos	16	0	3	3	5	2
Stoa	4	2	0	2	-3	2
Koci	15	1	0	1	-2	26
Liffiton	4	1	0	1	3	17
Quincey	21	0	1	1	-5	18
Anderson	29	0	1	1	0	4
Budaj	25	0	1	1	0	2

COLUMBUS

Player	GP	G	A	Pts	+/-	PIM
Nash	48	23	20	43	2	16
Brassard	49	12	22	34	-2	26
Umberger	49	17	16	33	3	28
Voracek	47	9	23	32	4	16
Vermette	49	11	16	27	0	38
Tyutin	47	5	14	19	-4	22
Huselius	27	9	6	15	-14	6
Methot	44	0	15	15	7	39
Clark	39	5	8	13	-2	25
Wilson	31	4	7	11	-2	12
Johnson	49	3	7	10	-7	20
Doughty	44	4	22	26	15	34
Hanzlus	30	7	12	19	-2	16
Boll	40	5	4	9	0	134
Richardson	44	6	6	12	-6	25
Scuderi	50	1	11	12	11	14
Clifford	46	4	4	8	-12	81
Ponikarovsky	30	4	4	8	3	18
Sturm	15	4	4	8	5	17
Martinez	30	2	3	5	-8	12
Lewis	40	2	3	5	-9	4
Mitchell	25	1	4	5	6	7
Drewiske	36	0	5	5	-1	19
Harrold	18	1	3	4	3	4
Parse	5	1	3	4	5	4
Greene	39	0	4	4	2	40
Loktionov	11	2	1	3	-1	2
Moller	4	1	2	3	1	0
Westgarth	36	0	3	3	-5	59
Schenn	8	0	2	2	-1	0
Muzzin	11	0	1	1	-2	0
Zeiler	4	0	0	0	-1	0
Quick	38	0	1	1	0	0
Bernier	14	0	0	0	0	0

DALLAS

Player	GP	G	A	Pts	+/-	PIM
Richards	50	20	37	57	7	22
Eriksson	49	17	32	49	15	4
Ribeiro	50	10	36	46	1	16
Neal	50	20	17	37	11	56
Robidas	50	21	13	34	1	45
Benn	46	13	20	33	-5	36
Ott	50	9	10	19	-6	117
Daley	50	5	14	19	7	22
Langenbrunner	39	5	13	18	-13	25
Burish	50	7	3	10	2	70
Segal	36	4	5	9	0	34
Grossman	48	3	5	8	3	33
Woywitka	31	1	5	6	8	18
Niskanen	39	0	6	6	-1	28
Skrastins	46	2	3	5	0	28
Wandell	46	3	1	4	-4	6
Sutherby	38	2	2	4	-4	49
Fistric	33	2	1	3	-5	30
Peterson	34	1	2	3	-7	7
Barch	30	1	1	2	-6	75
Gagnon	9	0	2	2	2	0
Larsen	6	0	2	2	1	0
Morin	1	0	0	0	-1	0
Wathier	1	0	0	0	-1	0
Lehtonen	38	0	3	3	0	2
Raycroft	15	0	0	0	0	0
Bachman	1	0	0	0	0	0

DETROIT

Player	GP	G	A	Pts	+/-	PIM
Zetterberg	49	16	37	53	6	28
Lidstrom	49	11	31	42	-3	12
Datsyuk	33	12	27	39	8	11
Franzen	48	21	15	36	3	24
Rafalski	38	4	28	32	16	14
Filppula	46	12	18	30	3	14
Bertuzzi	49	8	21	29	-3	34
Cleary	35	16	10	26	6	8
Kronwall	49	8	16	24	1	22
Holmstrom	44	11	11	22	1	44
Helm	49	6	15	21	9	8
Hudler	44	4	14	18	-5	12
Eaves	41	13	4	17	-1	14
Ericsson	41	3	10	13	12	52
Stuart	41	3	9	12	7	26
Miller	42	3	8	11	3	4
Abdelkader	41	3	8	11	13	38
Modano	20	2	6	8	-3	6
Salei	48	0	7	7	3	6
Draper	21	4	2	6	1	4
Kindl	21	1	0	1	0	14
Mursak	14	1	0	1	-3	4
Tatar	9	1	0	1	0	0
Emmerton	2	1	0	1	1	0
Janik	7	0	1	1	0	2
Howard	37	0	1	1	0	2
Osgood	11	0	0	0	0	4
MacDonald	5	0	0	0	0	0

EDMONTON

Player	GP	G	A	Pts	+/-	PIM
Penner	49	16	16	32	-9	33
Hall	49	16	15	31	-10	14
Gagner	49	11	18	29	-11	31
Hemsky	32	9	20	29	3	10
Whitney	35	2	25	27	13	33
Eberle	37	9	14	23	-4	4
Paajarvi	47	6	13	19	0	12
Cogliano	49	7	11	18	-10	35
Horcoff	28	7	11	18	3	18
Jones	49	11	4	15	-3	15
Gilbert	49	5	10	15	-13	24
Foster	46	3	9	12	-11	31
Omark	20	3	6	9	-7	12
Brule	34	4	2	6	-7	14
Peckham	46	2	3	5	-5	111
Vandermeer	29	1	5	6	1	23
Smid	45	0	6	6	-7	55
Reddox	12	0	5	5	0	0
Stortini	32	0	4	4	-2	76
Jacques	27	3	0	3	0	15
Fraser	49	2	1	3	-1	54
Petry	14	1	2	3	0	2
O'Marra	9	1	2	3	0	2
Chorney	6	0	2	2	-3	2
MacIntyre	14	0	1	1	0	42
Strudwick	21	0	0	0	-7	17
Belle	5	0	0	0	-2	0
Khabibulin	32	0	0	0	0	6
Dubnyk	17	0	0	0	0	2
Gerber	2	0	1	1	0	0

FLORIDA

Player	GP	G	A	Pts	+/-	PIM
Weiss	48	13	20	33	-4	26
Santorelli	49	13	14	27	-3	24
Booth	49	14	12	26	-9	14
Frolik	48	8	18	26	4	12
Wideman	49	6	19	25	-17	21
McCabe	43	5	16	21	7	26
Reasoner	49	10	10	20	8	16
Stillman	35	6	13	19	9	12
Dvorak	40	6	12	18	4	14
Higgins	36	8	9	17	7	10
Kulikov	46	5	12	17	10	26
Matthias	47	6	10	16	1	16
Olesz	32	4	10	14	0	6
Allen	40	4	7	11	-2	31
Bernier	39	4	7	11	-9	10
Dadonov	23	4	7	11	1	14
Reinprecht	29	4	6	10	-2	6
Weaver	49	2	8	10	2	18
Garrison	40	2	5	7	1	8
Thomas	13	2	3	5	2	10
Ellerby	23	1	4	5	6	10
Hordichuk	36	1	3	4	3	46
Repik	8	1	1	2	-4	4
McArdle	5	0	0	0	0	11
Callahan	4	0	0	0	1	2
Wilson	2	0	0	0	0	2
Vokoun	37	0	1	1	0	2
Clemmensen	16	0	0	0	0	0
Markstrom	1	0	0	0	0	0

LOS ANGELES

Player	GP	G	A	Pts	+/-	PIM
Kopitar	50	16	33	49	16	12
Williams	50	18	21	39	16	47
Brown	50	17	20	37	14	47
Smyth	50	19	14	33	9	29
Johnson	50	4	29	33	-6	36
Stoll	50	14	18	32	7	22
Doughty	44	4	22	26	15	34
Handzus	30	7	12	19	-2	16
Mitchell	48	9	8	17	-4	58
Richardson	44	6	6	12	-6	25
Scuderi	50	1	11	12	11	14
Clifford	46	4	4	8	-12	81
Ponikarovsky	30	4	4	8	3	18
Sturm	15	4	4	8	5	17
Martinez	30	2	3	5	-8	12
Lewis	40	2	3	5	-9	4
Mitchell	25	1	4	5	6	7
Drewiske	36	0	5	5	-1	19
Harrold	18	1	3	4	3	4
Parse	5	1	3	4	5	4
Greene	39	0	4	4	2	40
Loktionov	11	2	1	3	-1	2
Moller	4	1	2	3	1	0
Westgarth	36	0	3	3	-5	59
Schenn	8	0	2	2	-1	0
Muzzin	11	0	1	1	-2	0
Zeiler	4	0	0	0	-1	0
Quick	38	0	1	1	0	0
Bernier	14	0	0	0	0	0

MINNESOTA

Player	GP	G	A	Pts	+/-	PIM
Havlat	49	14	30	44	1	28
Koivu	49	14	29	43	5	32
Burns	47	14	17	31	-3	62
Cullen	46	10	21	31	2	16
Brunette	49	12	16	28	-6	12
Miettinen	40	9	14	23	-7	18
Clutterbuck	48	14	8	22	5	30
Zidlicky	30	4	16	20	7	20
Brodziak	49	9	10	19	4	32
Bouchard	26	4	12	16	2	4
Madden	47	7	8	15	-8	6
Kobasew	35	9	4	13	1	13
Schultz	46	3	10	13	1	30
O'Sullivan	31	2	6	8	-2	4
Latendresse	8	3	3	6	2	0
Nystrom	49	1	5	6	-12	24
Barker	40	1	4	5	-9	20
Stoner	27	1	2	3	7	32
Zanon	49	0	3	3	4	28
Staubitz	41	0	3	3	3	87
Falk	18	0	2	2	-1	6
Scandella	16	0	2	2	-5	2
Spurgeon	21	0	1	1	1	2
Wellman	12	0	1	1	-1	4
Earl	6	0	0	0	-3	0
Almond	4	0	0	0	-1	0
Kassian	4	0	0	0	-1	12
Gillies	3	0	0	0	0	0
Peters	2	0	0	0	0	2
Backstrom	29	0	0	0	0	2
Theodore	18	0	0	0	0	0
Khudobin	4	0	0	0	0	0

MONTREAL

Player	GP	G	A	Pts	+/-	PIM
Plekanec	49	16	24	40	10	40
Wisniewski	45	5	28	33	-19	24
Cammalleri	44	13	18	31	6	29
Kostitsyn	49	13	15	28	12	20
Gomez	48	6	20	26	-9	22
Gionta	50	16	9	25	-3	12
Pouliot	47	10	11	21	4	28
Hamrlik	47	4	17	21	2	42
Darche	44	9	11	20	9	10
Halpern	48	7	12	19	5	21
Subban	45	5	14	19	-1	61
Spacek	50	1	14	15	8	28
Pacioretty	20	6	5	11	-6	27
Moen	49	3	6	9	-3	61
Eller	46	3	5	8	0	28
Gorges	36	1	6	7	-3	18
Picard	31	3	3	6	1	8
Weber	21	0	6	6	4	6
Desharnais	11	3	2	5	0	2
Gill	50	0	5	5	-4	35
Pyatt	39	1	3	4	-4	2
Markov	7	1	2	3	2	4
Boyd	10	1	0	1	-6	2
White	3	0	0	0	1	5
Engqvist	2	0	0	0	0	0
Price	45	0	1	1	0	0
Auld	7	0	0	0	0	2

NASHVILLE

Player	GP	G	A	Pts	+/-	PIM
Weber	50	9	21	30	5	40
Hornqvist	47	15	12	27	1	20
Kostitsyn	46	12	14	26	2	8
Wilson	50	12	13	25	11	6
Suter	39	1	21	22	17	30
Erat	34	6	15	21	8	14
Sullivan	34	10	10	20	4	22
Goc	44	8	12	20	9	4
Franson	48	6	13	19	6	20
Legwand	32	7	11	18	7	16
Ward	50	6	12	18	-1	30
O'Reilly	38	6	12	18	4	2
Dumont	49	9	8	17	5	14
Klein	49	2	10	12	6	15
Tootoo	32	4	6	10	4	47
Bouillon	44	1	9	10	-3	27
Smithson	50	5	4	9	-3	24
O'Brien	48	2	6	8	-4	43
Spaling	42	2	6	8	-3	12
Sulzer	21	1	2	3	-2	12
Svatos	7	1	2	3	2	2
Halischuk	5	1

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	50	33	12	2	3	174	130	71	16-7-0-2	17-5-2-1	8-2-0-0	W2
d-Tampa Bay	51	31	15	3	2	154	154	67	16-4-1-1	15-11-2-1	7-3-0-0	W5
d-Boston	50	28	15	2	5	152	112	63	13-9-1-2	15-6-1-3	7-3-0-0	W1
Pittsburgh	50	31	15	2	2	154	114	66	17-9-1-0	14-6-1-2	6-3-0-1	W2
Washington	51	27	15	5	4	140	129	63	16-5-2-4	11-10-3-0	4-3-2-1	L2
NY Rangers	52	29	20	2	1	148	126	61	12-11-1-1	17-9-1-0	5-5-0-0	L1
Montreal	50	27	18	4	1	130	123	59	16-6-3-1	11-12-1-0	6-2-1-1	L2
Atlanta	52	24	19	3	6	152	166	57	12-9-1-4	12-10-2-2	3-4-1-2	W1
Carolina	50	25	19	2	4	153	155	56	13-8-1-1	12-11-1-3	6-4-0-0	W2
Buffalo	49	23	21	5	0	137	144	51	11-12-1-0	12-9-4-0	7-3-0-0	W2
Florida	49	22	22	2	3	131	131	49	11-8-2-3	11-14-0-0	4-3-1-2	L1
Toronto	49	19	25	2	3	124	153	43	10-11-2-2	9-14-0-1	4-5-0-1	L3
Ottawa	50	17	25	5	3	108	160	42	9-14-2-2	8-11-3-1	1-6-1-2	L6
NY Islanders	49	15	27	3	4	119	162	37	8-12-1-3	7-15-2-1	2-7-0-1	L3
New Jersey	49	16	30	2	1	101	144	35	9-13-1-1	7-17-0-1	6-3-1-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	50	31	10	4	5	165	121	71	17-3-1-4	14-7-3-1	4-2-1-3	W2
d-Detroit	49	30	13	4	2	166	143	66	15-6-3-1	15-7-1-1	6-3-0-1	W1
d-Dallas	50	30	15	1	4	147	137	65	16-6-1-3	14-9-0-1	7-2-0-1	W1
Nashville	50	27	17	4	2	134	119	60	11-4-3-2	16-13-1-0	6-4-0-0	L2
Anaheim	52	28	20	2	2	140	146	60	17-7-0-1	11-13-2-1	7-3-0-0	W2
Phoenix	51	25	17	6	3	149	145	59	10-9-3-2	15-8-3-1	6-4-0-0	W1
Chicago	50	26	20	2	2	157	139	56	16-13-0-0	10-7-2-2	6-3-0-1	L2
Colorado	50	25	19	6	0	161	165	56	14-11-3-0	11-8-3-0	4-5-1-0	L1
San Jose	50	25	19	4	2	139	138	56	12-10-2-1	13-9-2-1	4-5-0-1	L1
Minnesota	49	25	19	1	4	130	134	55	11-11-0-2	14-8-1-2	6-4-0-0	W1
Los Angeles	50	27	22	1	0	143	124	55	17-9-1-0	10-13-0-0	5-5-0-0	W3
Calgary	51	24	21	2	4	144	152	54	14-9-0-1	10-12-2-2	6-1-1-2	W4
Columbus	49	23	21	3	2	130	152	51	12-11-0-1	11-10-3-1	3-5-1-1	L1
St. Louis	49	22	20	3	4	130	146	51	15-8-1-2	7-12-2-2	2-7-1-0	L4
Edmonton	49	15	26	1	7	122	168	38	7-13-1-3	8-13-1-3	2-7-0-1	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Tonight's games
Florida at Toronto, 7 p.m.
Ottawa at New Jersey, 7 p.m.
Pittsburgh at N.Y. Rangers, 7 p.m.
Montreal at Washington, 7 p.m.
Boston at Carolina, 7 p.m.
N.Y. Islanders at Atlanta, 7 p.m.
Chicago at Columbus, 7 p.m.
Philadelphia at Tampa Bay, 7:30 p.m.
Colorado at St. Louis, 8 p.m.
Calgary at Nashville, 8 p.m.
Los Angeles at Minnesota, 8 p.m.

Tomorrow's games
Vancouver at Dallas, 8:30 p.m.
Phoenix at San Jose, 10 p.m.
Wednesday, Feb. 2
Detroit at Ottawa, 7 p.m.
N.Y. Islanders at Pittsburgh, 7 p.m.
Florida at Montreal, 7:30 p.m.
Vancouver at Phoenix, 9 p.m.
Los Angeles at Edmonton, 9:30 p.m.
San Jose at Anaheim, 10 p.m.
Mediaviewer Wire Source: NS

SCORING LEADERS

	G	A	PT
Stamkos, TB	38	29	67
Crosby, Pgh	32	34	66
D.Sedin, Vcr	27	37	64
H.Sedin, Vcr	11	50	61
St. Louis, TB	20	40	60
B.Richards, Dal	20	37	57
Zetterberg, Det	16	37	53
E.Staal, Car	25	27	52
Perry, Ana	25	26	51
Ovechkin, Wash	19	32	51
Eriksson, Dal	17	32	49
Kopitar, LA	16	33	49
Kesler, Vcr	27	20	47
Iginla, Cal	22	25	47
Giroux, Phia	19	28	47
M.Richards, Pha	17	30	47
Sharp, Chi	26	20	46
Backstrom, Wash	12	34	46
Ribeiro, Dal	10	36	46
Briere, Pha	26	19	45
Duchene, Col	20	25	45
Selanne, Ana	15	30	45
J.Carter, Pha	23	21	44
Havlat, Minn	14	30	44
J.Thornton, SJ	13	31	44
Yandle, Phx	8	36	44
Nash, Clb	23	20	43
Heatley, SJ	18	25	43
P.Stastny, Col	17	26	43
M.Koivu, Minn	14	29	43
Visnovsky, Ana	8	35	43
Hejduk, Col	15	27	42
Lidstrom, Det	11	31	42
Vanek, Buf	18	23	41
Byfuglien, Atl	16	25	41
Enstrom, Atl	8	33	41
Letang, Pgh	7	34	41
Skinner, Car	18	22	40
Toews, Chi	17	23	40
Bergeron, Bos	16	24	40
Plekanec, Mtl	16	24	40
MacArthur, Tor	15	25	40
T.Ruutu, Car	12	28	40
Ryan, Ana	22	17	39
J.Williams, LA	18	21	39
Ladd, Atl	16	23	39
Datsyuk, Det	12	27	39
Dubinsky, NYR	17	21	38
Clowe, SJ	13	25	38
J.Jokinen, Car	12	26	38
Grabovski, Tor	20	17	37
Neal, Dal	20	17	37
D.Brown, LA	17	20	37
Backes, StL	16	21	37
Malkin, Pgh	15	22	37
Elias, NJ	13	24	37
Getzlaf, Ana	13	24	37
P.Kane, Chi	13	24	37
Tanguay, Cal	12	25	37
Franzen, Det	21	15	36
Marleau, SJ	18	18	36
Tavares, NYI	18	18	36
Steen, StL	15	21	36
Leino, Pha	11	25	36

NHL ALL-STAR MVPS

(NOT AWARDED BEFORE 1962)
(X-GOALTENDER)
2011 - Patrick Sharp, Chicago
2010 - Game Not Held (Olympics)
2009 - Alex Kovalev, Montreal
2008 - Eric Staal, Carolina
2007 - Daniel Briere, Buffalo
2006 - Game Not Held (Olympics)
2005 - Game Not Held (lockout)
2004 - Joe Sakic, Colorado
2003 - Dany Heatley, Atlanta
2002 - Eric Daze, Chicago
2001 - Bill Guerin, Boston

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Manchester	50	30	16	1	3	161	137	64
Portland	48	29	14	4	1	166	143	63
Worcester	48	22	18	2	6	126	145	52
Connecticut	49	22	20	2	5	133	135	51
Providence	47	22	21	3	1	118	146	48
Springfield	48	22	22	1	3	145	156	48
Bridgeport	48	19	23	3	3	133	154	44

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
W-B/Scranton	48	36	12	0	0	163	117	72
Hershey	46	29	14	1	2	158	107	61
Norfolk	48	24	14	7	3	164	134	58
Charlotte	49	26	18	1	4	168	156	57
Binghamton	49	24	20	2	3	156	137	53
Albany	46	18	25	0	3	118	164	39
Syracuse	48	16	26	2	4	114	159	38
Adirondack	49	15	29	2	3	113	171	35

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Hamilton	47	27	15	1	4	140	112	59
Manitoba	46	26	14	1	5	134	112	58
Lake Erie	52	24	21	3	4	135	139	55
Toronto	50	23	20	0	7	144	145	53
Abbotsford	49	22	20	2	5	111	137	51
Grand Rapids	49	22	21	1	5	137	151	50
Rochester	49	21	23	3	2	136	159	47

WEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Milwaukee	47	26	13	2	6	128	116	60
San Antonio	49	29	18	2	0	157	139	60
Houston	51	28	19	1	3	135	137	60
Peoria	48	28	17	2	1	132	122	59
Oklahoma City	50	26	17	2	5	165	145	59
Texas	47	26	15	3	3	132	124	58
Chicago	52	25	22	2	3	165	172	55
Rockford	45	19	20	2	4	116	132	44

Note: Two points awarded for a win, one for an overtime or shootout loss.

ALL-STAR WEEKEND

Last night's result
All-Star Game
East 11 West 8
Sunday's result
At Hershey, Pa.
Skills Competition
East 19 West 7
Thursday's games
Norfolk at Charlotte, 7 p.m.
Peoria at Oklahoma City, 8:05 p.m.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	**5**	**4**	**1**	**.800**	**62**	**50**	**—**
Philadelphia	5	3	2	.600	46	45	1
Buffalo	4	2	2	.500	38	38	1½
Rochester	4	2	2	.500	38	48	1½
Boston	6	3	3	.500	55	46	1½

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Minnesota	4	3	1	.750	46	37	—
Calgary	6	4	2	.667	71	69	—
Washington	5	2	3	.400	59	64	1½
Colorado	4	1	3	.250	39	41	2
Edmonton	5	0	5	.000	44	59	3½

Week Four
Saturday's results
Calgary 12 Edmonton 11 (OT)
Toronto 8 Buffalo 5
Boston 16 Rochester 7
Minnesota 11 Washington 10 (OT)
Philadelphia 12 Colorado 11
Friday's results
Calgary 15 Edmonton 11
Philadelphia 11 Boston 5
WEEK FIVE
Friday, Feb. 4
Minnesota at Buffalo, 7:30 p.m.
Saturday, Feb. 5
Philadelphia at Rochester, 2 p.m.
Toronto at Boston, 7:30 p.m.
Washington at Colorado, 9 p.m.

GOLF

WORLD RANKING

Through Jan. 30

1. Lee Westwood	Eng	8.75
2. Martin Kaymer	Ger	8.14
3. Tiger Woods	USA	6.97
4. Phil Mickelson	USA	6.49
5. Graeme McDowell	NIr	6.46
6. Paul Casey	Eng	6.38
7. Steve Stricker	USA	6.03
8. Rory McIlroy	NIr	5.94
9. Jim Furyk	USA	5.53
10. Luke Donald	Eng	5.44
11. Ernie Els	SAf	5.23
12. Ian Poulter	Eng	5.08
13. Matt Kuchar	USA	4.86
14. Dustin Johnson	USA	4.69
15. Retief Goosen	SAf	4.50
16. Robert Karlsson	Swe	4.43
17. Francesco Molinari	Ita	4.42
18. Bubba Watson	USA	4.14
19. Louis Oosthuizen	SAf	4.00
20. Edoardo Molinari	Ita	3.86
21. Hunter Mahan	USA	3.82
22. Tim Clark	SAf	3.79
23. Miguel A Jimenez	Esp	3.78
24. Charl Schwartzel	SAf	3.66
25. Adam Scott	Aus	3.48
26. Robert Allenby	Aus	3.41
27. Geoff Ogilvy	Aus	3.40
28. Zach Johnson	USA	3.36
29. Anthony Kim	USA	3.33
30. Rickie Fowler	USA	3.31
31. Justin Rose	Eng	3.29
32. Padraig Harrington	Irl	3.26
33. Kim Kyung-Tae	Kor	3.26
34. Peter Hanson	Swe	3.19
Also		
139. Stephen Ames	**Can**	**1.18**
196. Mike Weir	**Can**	**0.85**
206. Graham Delaet	**Can**	**0.81**

CURLING

CANADIAN JUNIOR CHAMPIONSHIP

MEN
Monday Results
Sixth Draw
At North Hill C.C.
New Brunswick 6 Ontario 3
Northern Ontario 8 P.E.I. 6
Northwest Territories 11 B.C. 4
At Glencoe C.C.
Newfoundland & Labrador 7 Quebec 3
Nova Scotia 8 Manitoba 7 (extra end)
Yukon 10 Alberta 1
Seventh Draw
At North Hill C.C., 7:30 p.m.
Seventh Draw
At North Hill C.C.
Northwest Territories 11 Northern Ontario 6
Nova Scotia 8 Quebec 6
Saskatchewan 8 Manitoba 7 (extra end)
At Glencoe C.C.
New Brunswick 7 B.C. 3
Ontario 6 Alberta 4
P.E.I. 8 Newfoundland & Labrador 4
WOMEN
Yesterday's results
Sixth Draw
At North Hill C.C.
B.C. 11 Northwest Territories 2
New Brunswick 12 Ontario 5
P.E.I. 10 Northern Ontario 6
At Glencoe C.C.
Alberta 6 Yukon 4
Manitoba 10 Nova Scotia 4
Quebec 10 Newfoundland & Labrador 4
Seventh Draw
Seventh Draw
At North Hill C.C.
Manitoba 7 Saskatchewan 6 (extra end)
Northern Ontario 8 Northwest Territories 5
Nova Scotia 8 Quebec 7 (extra end)
At Glencoe C.C.
Alberta 11 Ontario 7
New Brunswick 13 B.C. 7
Newfoundland & Labrador 8 P.E.I. 4

SOCCER

SPAIN

LA LIGA

Yesterday's results
Racing Santander 1 Valencia 1

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	36	11	.766	—
d-Miami	34	14	.708	2½
d-Chicago	33	14	.702	3
Orlando	31	18	.633	6
Atlanta	30	18	.625	6½
New York	25	22	.532	11
Philadelphia	21	26	.447	15
Charlotte	20	27	.426	16
Milwaukee	19	26	.422	16
Indiana	18	27	.400	17
Detroit	17	31	.354	19½
New Jersey	15	34	.306	22
Washington	13	34	.277	23
Toronto	13	36	.265	24
Cleveland	8	40	.167	28½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	40	7	.851	—
d-L.A. Lakers	33	15	.688	7½
Dallas	32	15	.681	8
d-Oklahoma City	30	17	.638	10
New Orleans	31	18	.633	10
Utah	29	20	.592	12
Denver	28	20	.583	12½
Portland	25	22	.532	15
Memphis	25	24	.510	16
Phoenix	22	24	.478	17½
Houston	22	27	.449	19
Golden State	20	27	.426	20
L.A. Clippers	18	28	.391	21½
Sacramento	12	33	.267	27
Minnesota	11	36	.234	29

d-division leader
Last night's results
Indiana 104 Toronto 93
New Jersey 115 Denver 99
Miami 117 Cleveland 90
Memphis 100 Orlando 97
Dallas 102 Washington 92
Utah 83 Charlotte 78
Milwaukee at L.A. Clippers
Sunday's results
Miami 108 Oklahoma City 103
Boston 109 L.A. Lakers 96
Orlando 103 Cleveland 87
Philadelphia 110 Denver 99
New York 124 Detroit 106
Phoenix 104 New Orleans 102
Golden State 96 Utah 81
Tonight's games
(All times Eastern)
Washington at New Orleans, 8 p.m.
San Antonio at Portland, 10 p.m.
Boston at Sacramento, 10 p.m.
Houston at L.A. Lakers, 10:30 p.m.

PACERS 104, RAPTORS 93

TORONTO (93)
Weems 6-13 0-0 12, A.Johnson 8-14 2-5 18, Bargnani 3-15 6-8 12, Calderon 6-12 0-0 13, DeRozan 3-15 4-4 10, Davis 6-9 1-1 13, Wright 2-7 0-0 4, Bayless 4-7 3-3 11. Totals 38-92 16-21 93.
INDIANA (104)
Granger 3-15 4-4 11, McRoberts 2-4 0-0 4, Hibbert 9-19 6-9 24, Collison 7-9 0-0 16, Dunleavy 2-6 2-2 8, Hansbrough 6-13 2-2 14, Foster 0-0 0-0 0, George 4-8 7-8 16, D.Jones 1-3 0-0 3, Price 2-4 3-3 8. Totals 36-81 24-28 104.

Toronto	21	24	25	23	93
Indiana	32	19	24	29	104

3-Point Goals—Toronto 1-6 (Calderon 1-2, Bayless 0-1, Wright 0-1, Bargnani 0-2), Indiana 8-20 (Collison 2-3, Dunleavy 2-4, D.Jones 1-2, Price 1-2, George 1-3, Granger 1-6). Fouled Out—None. Rebounds—Toronto 45 (A.Johnson 8), Indiana 63 (Hibbert 11). Assists—Toronto 16 (Calderon 7), Indiana 19 (Collison 6). Total Fouls—Toronto 21, Indiana 15. Technicals—Indiana defensive three second.
A—10,258 (18,165) at Indianapolis.

LEADERS

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	43	409	348	1244	28.9
Stoudemire, NYK	47	460	302	1231	26.2
James, MIA	45	401	309	1173	26.1
Wade, MIA	43	384	291	1096	25.5
Bryant, LAL	48	432	296	1223	25.5
Ellis, GOL	47	442	222	1182	25.1
Rose, CHI	46	409	233	1124	24.4
Gordon, LAC	41	333	242	988	24.1
Anthony, DEN	40	328	260	943	23.6
Nowitzki, DAL	37	311	192	852	23.0
Martin, HOU	47	313	353	1081	23.0
Westbrook, OKC	47	360	333	1064	22.6
Griffin, LAC	46	395	244	1040	22.6
Howard, ORL	46	360	308	1028	22.3
Williams, UTA	46	325	277	1009	21.9
Love, MIN	47	339	273	1016	21.6
Bargnani, TOR	42	342	164	897	21.4
Granger, IND	43	313	192	912	21.2
Aldridge, POR	47	394	197	988	21.0
Beasley, MIN	43	352	132	874	20.3
Randolph, MEM	44	357	171	888	20.2
Gay, MEM	46	355	162	925	20.1
Lopez, NJN	48	343	249	935	19.5
Scola, HOU	49	393	161	947	19.3
Pierce, BOS	47	314	203	902	19.2
West, NOR	48	368	175	913	19.0
Ginobili, SAN	47	269	241	884	18.8
Bosh, MIA	43	304	190	803	18.7
Gasol, LAL	48	338	201	877	18.3
Jackson, CHA	44	285	150	803	18.3
Evans, SAC	40	273	131	710	17.8
Deng, CHI	47	305	151	829	17.6
Parker, SAN	47	333	143	822	17.5
Felton, NYK	47	295	143	810	17.2
Allen, BOS	47	295	114	808	17.2

Not including last night's games

NFL

SUPER BOWL XLV

Sunday, Feb. 6
At Arlington, Texas
Pittsburgh (AFC) vs. Green Bay (NFC), 6:30 p.m.

TENNIS

ATP TOUR PBZ ZAGREB INDOORS

At Zagreb, Croatia
Singles
First Round
Florian Mayer (5), Germany, def. Franco Skugor, Croatia, 3-6, 6-3, 7-6 (6).
Ivan Dodig, Croatia, def. Marcel Granollers (6), Spain, 6-3, 6-2.
Michael Berrer (8), Germany, def. Nikola Mektic, Croatia, 7-5, 6-1.
Lukas Lacko, Slovakia, def. Marsel Ilhan, Turkey, 4-6, 6-4, 7-5.
Doubles
First Round
Simon Aspelin, Sweden, and Julian Knowle (3), Austria, def. Igor Kunitsyn, Russia, and Ivan Ljubicic, Croatia, 6-2, 6-0.
Jonathan Erlich and Andy Ram, Israel, def. Guillermo Garcia-Lopez, Spain, and Mischa Zverev, Germany, 6-3, 6-4.

ATP SA OPEN

At Johannesburg
Yesterday's results
Singles — First Round
Rik de Voest, South Africa, def. Stefano Galvani, Italy, 6-3, 5-7, 7-6 (6).
Simon Greul, Germany, def. Thiago Alves, Brazil, 6-2, 7-5.
Somdev Devvarman, India, def. Raven Klaasen, South Africa, 6-4, 6-3.
Doubles — First Round
Karol Beck, Slovakia, and Dudi Sela, Israel, def. Dustin Brown, Germany, and Rogier Wassen, Netherlands, 6-3, 7-5.
Yen-hsun Lu, Taiwan, and Janko Tipsarevic, Serbia, def. Adrian Mannarino and Florent Serra, France, 6-3, 6-0.
Tomasz Bednarek and Michal Przysiezny, Poland, def. Johan Brunstrom, Sweden, and Ken Skupski, Britain, 7-5, 4-6, 10-8 tiebreak.

ATP MOVISTAR OPEN

At Santiago, Chile
Singles — First Round
Thomaz Bellucci (3), Brazil, def. Filippo Volandri, Italy, 6-2, 6-2.
Juan Ignacio Chela (4), Argentina, def. Jorge Aguilar, Chile, 6-3, 7-5.
Potito Starace (5), Italy, def. Paul Capdeville, Chile, 3-6, 6-3, 6-4.
Tommy Robredo (6), Spain, def. Frederico Gil, Portugal, 2-6, 6-3, 6-4.
Igor Andreev, Russia, def. Eduardo Schwank, Argentina, 6-3, 7-6 (4).
Albert Ramos-Vinolas, Spain, def. Leonardo Mayer, Argentina, 6-4, 6-4.
Pablo Andujar, Spain, def. Peter Luczak, Australia, 6-4, 6-4.
Ricardo Mello, Brazil, def. Ruben Ramirez Hidalgo, Spain, 6-4, 6-7 (5), 7-6 (6).

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Torres transfer sets British record

Chelsea smashed the British transfer record in signing Fernando Torres for a reported 50 million pounds ($80.1 million) from Liverpool yesterday.

The Spain striker signed a 5½-year contract at Chelsea in a move described by Liverpool as a British record.

The transfer is also one of the most expensive in the history of world football, bettered only by Real Madrid's purchases of Cristiano Ronaldo and Kaka in 2009. It is a similar figure to that paid to Inter Milan by Barcelona for Zlatan Ibrahimovic in 2009, a deal that sent Samuel Eto'o to the Italian team.

Manchester City forward Carlos Tevez was widely recognized as being the previous most expensive signing within British football after moving from Man United for about 47 million pounds in 2009.

Torres spent 3½ years at Liverpool, scoring 81 goals, but grew frustrated as the 18-time league champions struggled to keep pace with England's leading clubs.

Torres' first game for Chelsea could be against Liverpool in the Premier League at Stamford Bridge Sunday, unless he features at Sunderland today.

Liverpool replaced Torres by breaking the club's transfer record twice in the space of a few hours, first signing Luis Suarez from Ajax for 26.5 million euros ($36.3 million) and then Andy Carroll from Newcastle for a reported 35 million pounds ($56.1 million).

With the prospects of silverware slim at Liverpool, Torres will be hoping to win trophies at Chelsea, the defending Premier League and FA Cup champions. THE ASSOCIATED PRESS

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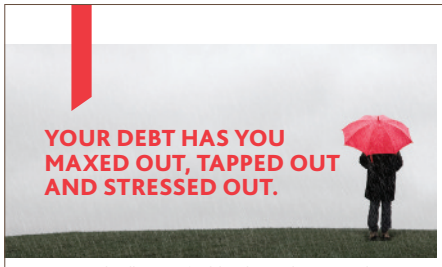
FINANCIAL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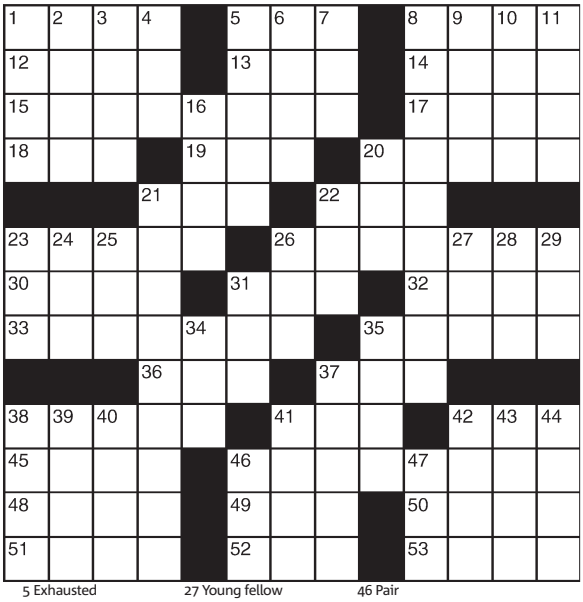

Across

1 Uncomplicated
5 Spring mo.
8 Malay prince
12 Albacore, e.g.
13 Tall tale
14 Unendingly
15 Made into a ball, as paper
17 Appear
18 Crone
19 Succor
20 Dwight's predecessor
21 Sermon subject
22 Kipling lad
23 Become established
26 Having dents, as a golf ball
30 Mosque VIP
31 Enjoyment
32 Turner of Hollywood
33 In need of ironing
35 Rushmore figure
36 Depressed
37 Foundation
38 Paint ingredient
41 Raw rock
42 Fuss
45 Settled down
46 Trod on
48 Director Preminger
49 Pale
50 Scandinavian city
51 Any day now
52 Antiquated
53 Active one

Down

1 Engrave
2 Atmosphere
3 Like a bug in a rug
4 Sweet potato
5 Exhausted
6 The — Piper
7 Scarlet
8 Tasted again
9 State with certainty
10 Razz
11 Group of soldiers
16 Analgesic's target
20 That guy
21 Fool
22 Family
23 Round Table address
24 Ostrich's cousin
25 Highlander's hat
26 Flop
27 Young fellow
28 Conclusion
29 24 hours
31 Not many
34 Bagel topping
35 Abound
37 Stigmatize
38 Neighbor of Cambodia
39 Choir member
40 Puente of mambo music
41 Exam format
42 As well
43 Drop a letter?
44 Smell
46 Pair
47 Pea holder

▶ Yesterday's answer

E	G	G			E	B	B		P	R	A	M
D	R	O	P		T	A	R		A	U	R	A
D	A	N	A		A	L	I		I	N	C	H
O	B	E	Y	S		L	E	W	D			
			A	I	D		F	A	T	H	O	M
W	A	S	T	R	E	L		S	H	I	V	A
H	O	O	T		B	I	D		E	V	E	R
I	N	F	E	R		Z	I	P	P	E	R	S
M	E	A	N	I	E		P	O	I			
			T	O	A	D		E	P	S	O	M
F	I	F	I		G	I	G		E	L	S	E
O	L	I	O		L	A	Y		R	O	L	E
G	L	E	N		E	L	M		W	O	K	

Sudoku

9	3						1	2
		8	1			6		
5			3		2			
3				2		4	6	
				7				
	7	5		6				8
			2		6			5
		2			8	3		
8	1						9	4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	9	3	8	5	4	6	7	2
8	2	7	3	6	1	4	5	9
4	6	5	9	2	7	1	8	3
2	7	4	6	1	3	5	9	8
3	1	6	5	8	9	2	4	7
9	5	8	4	7	2	3	6	1
5	4	9	2	3	8	7	1	6
7	8	2	1	4	6	9	3	5
6	3	1	7	9	5	8	2	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear JE, I can't believe my dream came true and that we're finally together. I've been waiting for this day since the first time we met. I'll never forget that day and can't wait to spend the rest of our lives together. I love you... **SARAH BELLUM**

Happy Birthday J.C. I hope you have a birthday as amazing as you are. You truthfully complete me. Can't wait to see you! **UR SNUGGLE BUNNY XOXOXO'S <3**

Coral, we are so proud of you.. Youre an amazing mommy. Thank you for mahaya.. **LOVE MOM AND MARK**

Natalee, Have I told you today how much I love you? **SCOTT**

Babuuu, wanted to thank you for always being so understanding and supportive of everything I do. **TIMI TAM**

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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You may be desperate to show what you can do, but don't be so reckless that you do something silly and make a fool of yourself. Please, stick to what you know best.

♉ Taurus April 21-May 21 Raise your sights high and believe that you can create something meaningful. Others may try to persuade you to use your talents to make serious money, but it's the sense of achievement that drives you.

♊ Gemini May 22-June 21 You don't need to alter anything – your life is perfect just as it is. Why tamper with methods and routines that have done well for you in the past? Why interfere with what works?

♋ Cancer June 22-July 22 Your instincts may not be as reliable as they usually are today, so think twice before making changes. You can, however, rely on friends and relatives to give you good advice.

♌ Leo July 23-Aug.23 Someone you work with will fall out of favour today, but don't feel too sorry for him or her because if your roles were to be reversed her or she would not care about you.

♍ Virgo Aug. 24- Sept. 22 Push your luck a bit today. By all means, believe that great things are possible. Friends, colleagues and even your boss will be jealous of your popularity. They will be more jealous that you're so modest about it.

♎ Libra Sept. 23-Oct. 23 You must not agree to do anything that goes against your principles. You may not think much of it, but you won't be able to live with yourself when you see the consequences.

♏ Scorpio Oct. 24-Nov. 22 No one in his or her right mind would get in the way of a Scorpio in a hurry, but a friend will do everything to block your path today. Maybe it's because he or she fears for your safety.

♐ Sagittarius Nov. 23-Dec. 21 People may want to make you feel bad by pointing out your failures, but no one is perfect. The fact that you got something wrong is evidence that you took a chance and made an effort.

♑ Capricorn Dec. 22-Jan. 20 You can expect some kind of windfall over the next few days, but it may not be of a purely financial nature. You will be as lucky in love.

♒ Aquarius Jan. 21-Feb. 18 The more you want to do things one way, the more friends and relatives want to do things another way. Just this once, let them win. You won't lose by allowing them to call the shots for a change.

♓ Pisces Feb. 19-March 20 You may be tempted to get angry with someone who has let you down but what's the point? If you think about it for a moment, you will realize you didn't lose anything of value. Let it go. **SALLY BROMPTON**

Caption contest

HIRO KOMAE/ THE ASSOCIATED PRESS

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+Taxes & other fees: $160
Departure tax: 25 CUC cash, paid locally

CUBA | Santa Clara
Meliá Las Dunas ❀❀❀❀◖ PRIVILEGES
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$759
+Taxes & other fees: $160
Departure tax: 25 CUC cash, paid locally

CUBA | Varadero
Sirenis La Salina Varadero Beach Resort ❀❀❀❀
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$899
+Taxes & other fees: $160 • Departure tax: 25 CUC cash, paid locally
Please add $50 for Mon. & Fri. and $100 for Sat. & Sun. departures

MEXICO | Cancun/Riviera Maya
Occidental Grand Xcaret ❀❀❀❀◖
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+Taxes & other fees: $251

MEXICO | Cancun/Riviera Maya
Gran Bahia Principe Tulum ❀❀❀❀◖ PRIVILEGES
All-Inclusive • Standard rm. • Apr. 4
$1189
+Taxes & other fees: $251

MEXICO | Los Cabos
Royal Solaris Los Cabos Resort All Inclusive & Spa ❀❀❀❀
All-Inclusive • Deluxe rm. • Mar. 5
$1159
+Taxes & other fees: $261

ANTIGUA
St. James's Club and Villas ❀❀❀❀ PRIVILEGES
All-Inclusive • Club rm. • Mar. 6 & 20
$1829
+Taxes & other fees: $199

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Continental breakfast • Junior suite run of the house • Feb. 9 & 16
$749
+Taxes & other fees: $140

DOMINICAN REPUBLIC | Puerto Plata
Bahia Principe San Juan ❀❀❀◖ PRIVILEGES
All-Inclusive • Standard rm. • Feb. 11 & 25
$799
+Taxes & other fees: $175
Please add $100 for Feb. 25th departure

DOMINICAN REPUBLIC | Samana
Gran Bahia Principe El Portillo ❀❀❀❀◖ PRIVILEGES
All-Inclusive • Standard rm. • Feb. 5, 6, 12 & 13
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+Taxes & other fees: $175
Please add $50 for Sat. departures

DOMINICAN REPUBLIC | La Romana
Gran Bahia Principe La Romana ❀❀❀❀◖ PRIVILEGES
All-Inclusive • Junior suite • Feb. 5 & 12
$999
+Taxes & other fees: $175

GRENADA
The Flamboyant Hotel & Villas ❀❀❀
Standard rm. • Feb. 26 & Mar. 5
$1169
+Taxes & other fees: $184

COSTA RICA | Liberia
Occidental Grand Papagayo ❀❀❀❀◖
All-Inclusive • Deluxe rm. • Feb. 24
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+Taxes & other fees: $87
Departure tax: 26 USD cash, paid locally

SAINT LUCIA
Almond Morgan Bay ❀❀❀❀
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DOMINICAN REPUBLIC | Punta Cana
Majestic Colonial Punta Cana ❀❀❀❀◖
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+Taxes & other fees: $175

DOMINICAN REPUBLIC | Punta Cana
Majestic Elegance Punta Cana ❀❀❀❀❀
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Majestic Colonial Punta Cana

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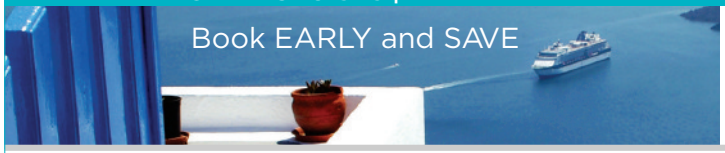

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